

## AGS 591-592—Beginning Internship

### Course Syllabus

#### 1. Course Designation:

- 1.1 Course Numbers 591 and 592
- 1.2 Prerequisite: Internship Orientation
- 1.3 Beginning Internship
- 1.4 Current internship placement required with 40-80 hours per quarter logged
- 1.5 This course will yield .5 credit per section
- 1.6 Each section is comprised of a total of 7.5 seated hours in class

#### 2. Course Description:

These courses offer students the opportunity to learn about typical problems brought to a therapist and Adlerian techniques that can be used in addressing those problems. Students observe more advanced students in their case presentations and learn how to address a variety of clinical issues using Adlerian and other appropriate therapeutic techniques. Students can pose questions about their clinical placements as well, and may be required to participate in role-play activities.

#### 3. Required Reading:

591: Dinkmeyer, D., and Sperry, L. (1999), *Counseling and Psychotherapy: An Integrated Individual Psychology Approach (3rd Edition)*, New York: Prentice Hall. (Chapters 1-6)

592: Dinkmeyer, D., and Sperry, L. (1999), *Counseling and Psychotherapy: An Integrated, Individual Psychology Approach (3rd Edition)*, New York: Prentice Hall. (Chapters 7, 10-13, 15. Chapters 8-9, and 14 optional)

Other readings as assigned by the instructor.

#### 4. Learning Outcomes:

- Students undertake treatment planning (5b,)
- Students begin matching specific techniques with problems presented in therapy (5b, 10d, b)
- Students continue to process their experience as clinicians in training (5a,)
- Students continue to discuss ethical issues as related to their internship experiences (1g, 5h,)
- Students prepare and present formal case presentations according to *Internship Manual* guidelines (5c, 5f, 7h, 10e, 10f, 10g)

5. Assessment of Learning Outcomes:

Students submit the following documents:

- 2-3 page, APA format paper integrating what was learned from required reading, class participation, and internship experiences.
- Signed logs of client contact hours for the current quarter
- Signed and completed site supervisor evaluation forms. *(If a student works at more than one site during a quarter, a site supervisor evaluation is required from each site. If a student leaves a site mid-term, a supervisor evaluation is still required.)*
- All of these materials must be stapled together and turned to the instructor two weeks following the end of the current quarter. *(If a student is registered for two sections of internship within one quarter, each instructor must receive all logs and site supervisor evaluations.)*
- Students keep their own duplicate copies of logs and evaluations.

6. Course Content:

Brief lecture about specific techniques and process of treatment  
Observation of advanced case presentations  
Feedback from fellow students  
Role playing the presenting case and appropriate techniques

16-Mar-10

## AGS 593-594—Intermediate Internship

### Course Syllabus

#### 1. Course Designation:

1.1 Course Numbers 593 and 594

1.2 Prerequisite: Internship Orientation, 591, 592

1.3 Intermediate Internship

1.4 Current internship placement required with 40-80 hours per quarter logged

1.5 This course will yield .5 credit per section

1.6 Each section is comprised of a total of 7.5 seated hours in class

#### 2. Course Description:

Students continue to learn about typical problems brought to a therapist and the techniques that can be used in addressing those problems. Students in these courses are more actively involved in case discussions than they were in 591 and 592. They learn how to address a variety of clinical issues using Adlerian and other appropriate therapeutic techniques. They begin to formulate treatment plans. Students are encouraged to practice techniques through role play activities.

By the time a student begins 594, he or she is expected to be conducting psychotherapy directly with individuals, couples, families, and/or groups. Students enrolled in 593 who are providing direct psychotherapy are encouraged to make a formal case presentation. Students in 594 must engage in direct psychotherapy and are required to make one formal case presentation.

593: Watts, R., and Carlson, J. (1999), *Intervention & Strategies in Counseling and Psychotherapy*. New York: Taylor and Francis. (Chapters 2, 3, 5, 6 Chapters 1 & 4 optional)

594: Watts, R., and Carlson, J. (1999), *Intervention & Strategies in Counseling and Psychotherapy*. New York: Taylor and Francis. (Chapters 7-11 Chapter 12 optional)

Other readings as assigned by the instructor.

#### 4. Learning Outcomes:

Students concentrate on treatment planning (5b)

Students match specific techniques with problems presented in therapy (5b, 10d)

Students process their experience as clinicians in training (5a, 11b)

Students discuss ethical issues as related to their internship experiences (1g, 5h)

Students prepare and present formal case presentations according to *Internship Manual* guidelines (5c, 5f, 7h, 10e, 10f, 10g)

5. Assessment of Learning Outcomes:

Students in 594 prepare a written case for presentation during the first class meeting. Progress reports on these cases are made at the second meeting. All students write a brief paper integrating what was learned from textual reading, class participation, and internship experiences. They also turn in signed logs of client contact hours during the current term and signed supervisor evaluation forms. All of these materials must be stapled together and turned to the instructor two weeks following the end of the current term.

Students must keep their own copies of logs and evaluations, as well.

6. Course Content:

Brief lecture about specific techniques and process of treatment  
593 Formal case presentation optional; 594 Formal case presentation required  
Feedback from fellow students  
Role plays

16-Mar-10