

Adler Graduate School
Course 591 & 592
Art Therapy Beginning Internship (I & II)
Course Syllabus

1) Course Designation:

- 1.1 Course Number 591/592
- 1.2 Prerequisite: Internship Orientation
- 1.3 Art Therapy Beginning Internship I & II
- 1.4 This course will involve observation of an art/expressive therapist in treatment or work settings to help the student become orientated to the therapy/group processes and techniques. Students will spend 80 hours in a site placement.
- 1.5 Course will yield .5 credit per section
- 1.6 Each section is comprised of a total of 7.5 seated hours in class

2) Course Description:

This course offers the students an opportunity to learn about typical problems brought to a therapist and the Adlerian and art therapy techniques that can be used in addressing those problems. Students experience the role of the art therapist through on-site observation, classroom discussions, reading and personal art processes. Students observe an art/expressive therapist in the clinical or work setting, share experiences and pose questions about their clinical placements.

3) Required Reading

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Gonzales Dolginko, B. & Robbins, A. (1987). The institution as a holding environment for the therapist. In A. Robbins, (Ed.). *The artist as therapist* (pp.116-136). New York, NY: Human Services Press, Inc.

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Robbins, A. (1989). A psychoaesthetic approach to empathic contact. *The psychoaesthetic experience. An approach to depth-orientated treatment* (pp. 111-121). New York, NY: Human Services Press.

Other readings as assigned by the instructor.

4) Learning Outcomes:

- Students become familiar with relating to the client population to get an understanding of the types of issues and dynamics that clients bring to counseling and art therapy sessions. (5b,10a,b,c)
- Students become familiarized with typical cases using Adlerian and art therapy techniques with clients. (7h,10d,11b,11e)
- Students process their understanding of the site organization and the role that the art therapist plays. (1b,11g)
- Students gain additional insight into their skills and limitations through their own art journal processing. (5a,b)
- Students explore ethical issues that come up in internship settings. (1g,5h,11f)

5) Assessment of Learning Outcomes:

- Students write a 2-3 page paper in APA format that integrates the reading, internship experiences and personal art processes
- Students are required to turn in signed logs of client contact hours during the current term
- Signed site supervisor evaluation forms
- All of these materials must be stapled together and submitted to the instructor two weeks following the end of the current term

Students must keep their own copies of logs and evaluations, as well.

6) Course Content:

- Discussion of current issues relating to internship experience
- Lecture on specific techniques and processes of treatment
- Observation of advanced case presentations
- Receive feedback from fellow students
- Engage in process art making