

Adler Graduate School
Course 593 & 594
Art Therapy Intermediate Internship (I & II)
Course Syllabus

1. Course Designation:

- 1.1 Course Numbers 593 and 594
- 1.2 Prerequisite: Internship orientation, 591,592
- 1.3 Art Therapy Intermediate Internship (I & II)
- 1.4 Current internship placement required with 80-120 hours per quarter logged.
- 1.5 This course will yield .5 credit per section
- 1.6 Each section is comprised of a total of 7.5 seated hours in class

2. Course Description:

Students continue to learn about typical client and system issues that an Art Therapist has to work with and the techniques that can be used in addressing those problems. Students in these courses are more actively involved in case discussions than they were in 591 and 592. They learn how to address a variety of clinical issues using Adlerian and art therapy techniques. They begin to formulate treatment plans and art therapy directives. Students are encouraged to practice techniques through art and/or role play activities. Students enrolled in 593 who are providing direct psychotherapy are encouraged to make an informal or formal case presentation. By the time students begin 594, they are expected to be conducting psychotherapy directly with individuals, couples, families and or groups and are required to make one formal case presentation.

3. Required Reading:

593

Robbins, A. (1998). Affect and therapeutic presence as a diagnostic indicator. In A. Robbins (Ed.), *Therapeutic presence: bridging expression and form* (pp. 87-104). London: Jessica Kingsley Publishers.

594

Sperry, L. (1999). The integration of DSM-IV diagnoses and adlerian psychotherapy. In R.Watts & J. Carlson (Eds.), *Intervention & Strategies in Counseling and Psychotherapy* (pp.193-206). New York, NY: Routledge.

Other readings as assigned by the instructor.

4. Learning Outcomes:

- Students begin treatment planning (5b,11e)
- Students begin matching specific techniques with problems presented in therapy (5b,10d,11b)
- Students continue to process their experience through personal art making (5a,11b)
- Students continue to discuss ethical issues as related to internship experiences (1g,5h,11f)
- Students in 594 prepare and present a formal written case presentation according to the guidelines published in the Internship Manual. (5c,f,7h,10e,f,g)

5. Assessment of Learning Outcomes:

Students in 594 prepare a written case for presentation during the first class meeting. Progress reports on these cases are made at the second meeting.

Turn in:

- Signed logs of client contact hours completed during the term
- Signed supervisor evaluation forms
- All students write a 2-3 page paper in APA format integrating what was learned from course readings, class participation, art making and internship experiences.

All of these materials must be stapled together and submitted to the instructor two weeks following the end of the current term.

Students must keep their own copies of logs and evaluations, as well.

6. Course Content:

- Brief lecture about specific techniques and process of treatment
- Art journaling and processing
- Informal or formal case presentation is optional for 593
- A formal case presentation required for 594
- Feedback from fellow students