

# Adler Graduate School

Richfield, Minnesota

## AGS Course 598

Art Therapy Individual Supervision

### 1. Course Designation and Identifier

1.1 Adler Graduate School

1.2 Course 598

1.3 Individual Supervision

1.4 Current internship placement required with 40-80 hours per quarter logged

1.5 This course will yield one (1) credit

1.6 Prerequisite: Internship Orientation, Internship 591-4 and 597

1.7 Student will receive six hours of Clinical Instructor supervision in this course

### 2. Course Description:

This course provides students with one-to-one case supervision by a Clinical Instructor, to verify application of Adlerian/ Art Therapy and general therapeutic competencies, and to discuss the application of competencies with a Clinical Instructor. The Clinical Instructor discusses student goals regarding these competencies and offers help with the case. Individual Supervision usually begins after a student has attended the first of three Advanced Internship 597 courses.

2.1 The Clinical Instructor either conducts co-therapy with a student and the client or observes/listens to and critiques videotapes or audio tapes of counseling sessions. One client (individual, couple, family, or group) is seen over a period of weeks with supervision occurring after or between sessions.

2.2 The student selects a Clinical Instructor from a list of approved instructors, which is included in the Internship Manual. The student is responsible for setting up the supervision and for providing the instructor with a case history and treatment plan, evaluation forms, and directions to the site, if necessary.

- 2.3 The student initiates an agreement with the client and site supervisor to conduct therapeutic services under individual supervision. The student is expected to spend from four to ten sessions with one client, with one back-up case in the event of early termination by the initial client. The clinical instructor will provide six hours of supervision during this time.

### 3. Learning Outcomes

3.1 Students learn to identify and use Adlerian art therapy and other therapeutic interventions to achieve client goals as presented in a treatment plan. (5b,c,f, 10a,b,c,d,e,f,g, 11b)

3.2 Through observation and/or review of taped counseling sessions, students receive feedback about their clinical skills and integrate instructor suggestions in their work. (5f,g,h, 11c,f,g,h)

### 5. Assessment of Learning Outcomes

- 5.1 Students submit the following documents:
- Client case history and client art work following the guidelines found in the Internship Manual
  - Client authorization for participating in individual supervision with the student
- 5.2 Students discuss their learning in each of the supervision sessions with the instructor
- Students present and discuss their personal art imagery as it pertains to work with client(s)

### 6. Course Content

Student prepares client case history and treatment plan for four to ten sessions.

Clinical Instructor and student engage in six hours of supervision which may include a combination of co-therapy, audio tape review, or video tape review