

Co-Therapy Supervision

Name of Student: _____

Date: _____

Client Name: _____

597 Small Group

Sessions: 1-2 3-4 5-6 7-8

598 Doubles

yes no Has the student documented goals for therapy and strategies for intervention?

yes no Did the student supply a written social history following the guidelines?

yes no Has the student collected life style data (birth order and recollections minimum)?

What Adlerian therapeutic competencies were demonstrated in the session?

What general therapeutic skills were demonstrated?

What skills and competencies will the student develop or work on?

Rate the students current competence based on: 1=poor 2=fair 3=competent 4=exceeds expectation:

Ability to establish therapist/client relationship

Ability to address mistaken beliefs or convictions as related to current problem(s) and psychological symptoms

Ability to use Socratic questioning to discover core beliefs related to the current problem

Client is making satisfactory progress; if not for what reason?

Ability to interpret the lifestyle and use it in therapy

Supervisor Signature _____