



Adler Graduate School Newsletter

Volume 2, Issue 10
October, 2005

*Practical psychology,
inspiring change.*

New! **Daytime Hours added for the Professional Life Coaching Certificate Series**

Adler Graduate School's Professional Life Coaching series now has a schedule that suits every adult learner's needs.

We still offer our convenient evening and weekend format for working adults and, beginning in January of 2006, daytime courses will also be available.

By attending class three days per month you can earn your Professional Life Coach certificate in only six months.

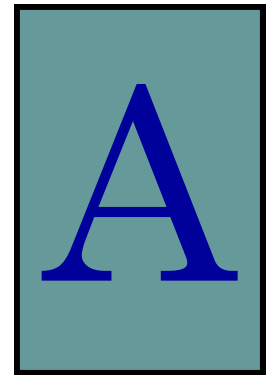
Because the Adler Graduate school is the only professional life coach training that is offered in the Midwest at an accredited graduate school, your workplace tuition benefits may apply. If you have time during the week and your workplace pays for training, this is for you!

When you enroll in the Adler Life Coaching series you will learn how to make a profession of facilitating change in people's lives as you encourage them to realize their dreams.

Learn more on our website at www.alfredadler.edu

If you'd like to see a live coaching demonstration, you are invited to attend our life coaching seminar which is held the second Wednesday of every month at the Adler Graduate School from 6:00-7:30 p.m.

To sign up for our new weekday coaching courses call Ev at 952-988-4327.



The Adler Graduate School

Offers:

Master of Arts in Adlerian Counseling & Psychotherapy

Certificate: Professional Life Coaching

Certificate: Coaching and Consulting in Organizations

Invitation to Psychophysiology and Biofeedback Training from Adler faculty member, Stacie Bigelow, M.A.

Over the last year a number of students have asked me if I would do a short introduction to psychophysiology and biofeedback.

AGS has generously offered to host the training, and this is your invitation to attend.

When: Sunday, November 13th, from 10 a.m. to 2 p.m.

Where: Adler Graduate School, 1001 Highway 7,

Hopkins, MN

What: I'll be talking about basic psychophysiology (mind/body communication and influence), how to integrate the concepts into a psychotherapy setting for assessment, diagnosis and treatment and current research being done in the field. There will also be a demonstration of several types of biofeedback.

For those considering getting trained in biofeedback, I can talk about certification, training, instrumentation and answer any questions you might have about the process.

I'll be sharing some of my own cases and you are also welcome to bring cases to discuss.

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Psychophysiology and Biofeedback with Stacie Bigelow

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You will take away some concrete skills from this training which you can use with your existing clients without having to invest in expensive equipment.

There are no C.E.U.s available for this training.

You are welcome to bring as many people as you like, but please, RSVP telling me you wish to attend and how many people you'll be bringing.

Knowing the number of people planning to attend will help me prepare handouts and demonstrations and to decide whether or not we need to set a limit on the number of people attending.

Email me at
staciebigelow@aol.com
no later than Friday,
November 11th.

I hope to see you all

there!

In good health,
Stacie Bigelow

Disclaimer:

Stacie Bigelow and the Adler Graduate School are not affiliated in any way with the makers of biofeedback instrumentation or organizations that offer training in biofeedback. This training is simply an offering to the Adler community and others interested in the topic.

**We're on
the Web:**
alfredadler.edu

New Acquisitions at the Bartholow Media Center

We have received a number of volumes for our library from the Adler School of Professional Psychology in Chicago.

Many of the books originally belonged to Alfred Adler and his children, Kurt and Alexandra. The books were donated by Margot Adler, who is Alfred's granddaughter and Kurt's daughter.

A number of the recent arrivals are written in German, but some are in

French, Italian, Spanish, Portuguese or Dutch.

Two of the German arrivals are: *Das Problem der Homosexualität: Erotisches Training und Erotischer Ruckzug* (Leipzig, 1930) and *Studie Über Minderwertigkeit von Organen* (Wien/Vienna, 1927).

English texts received from the Chicago school include: *A Question of Intelligence* by Daniel Seligman and *Family Ther-*

apy: Concepts and Methods by Michael Nichols & Richard Schwartz.

From other sources we have received the *Physician's Desk Reference Drug Guide for Mental Health Professionals*, as well as *Culturally Competent Therapy: Working with Children and Young People* by Steven Walker, and a second, circulating copy of *The Disordered Couple* edited by Jon Carlson & Len Sperry.

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President's Corner

Dennis Rislove, Ph.D.

Preparations continue for the twenty-first graduation ceremony to be held at the Adler Graduate School, which is accredited by the Higher Learning Commission of the North Central Association.

and patience in helping Adler make the conversion from a 2-credit to a 3-credit format. This was a difficult, but very important change for the future of the graduate school.

Your honest opinions will help us make the program stronger for the students who follow you.

The ceremony is scheduled for 1:00 p.m. in the auditorium at the Eisenhower Community Center on Sunday November 6th.

I'd like each of this fall's graduates to contact Margie McGovern at (952) 988-4170 to schedule a fifteen-minute exit interview with me. This is an important step in our assessment process and will further our goal of continual improvement.

Several of our student association officers will be graduating in November and those positions will need to be filled.

We are proud to have our largest graduating class ever with nearly fifty students scheduled to receive their master's degrees.

We need to know how you, our graduates feel about our program – what you liked and what you think needs to improve.

If you are an Adler student and you are interested in serving as an officer of the student association, please call Evelyn at 952-988-4327 to let her know of your interest.

I want to take this opportunity to congratulate each of our graduates and to thank them for their cooperation

Dennis Rislove, Ph.D.
President, Adler Graduate School

The Adler Graduate School's 2005 graduation ceremony will take place at 1 p.m. on Sunday, November 6th in the first floor theater of the Eisenhower Community Center at 1001 W. Highway 7 in Hopkins, Minnesota.

Call 952-988-4327 for directions.

Open House for Prospective Students (first Wednesday of every month)

Have you been seriously considering the idea of returning to school?

open house for prospective students from 6:00- 7:30 p.m.

There will also be time for any questions you may have.

Do you want a welcoming, encouraging place to pursue your graduate education?

This is an opportunity for you to meet faculty members and students who will talk about our Master's Degree in Adlerian Counseling and Psychotherapy.

You are invited to attend one of the next two open houses which will be held on November 2nd and December 7th.

The Adler Graduate School may be just what you are looking for.

You will learn about our two certificate series, Professional Life Coaching and Coaching and Consulting in Organizations.

The Adler Graduate School is located at 1001 Highway 7, in Hopkins, Minnesota.

On the first Wednesday of every month, the Adler Graduate School holds an

Please call 952-988-4327 for directions.




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Adler Graduate School

1001W. Hwy. 7
Suite 311
Hopkins, MN 55305
952-988-4170

Email: admin@alfredadler.edu

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We're on the
Web:
alfredadler.edu

The mission of the Adler Graduate School is to educate ethical, reflective, highly competent, comprehensively informed, continually learning, Adlerian-based professionals who are prepared to improve the interactions and conditions of the people, organizations, and/or communities they serve.

New Acquisitions

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We've also just acquired *Intimate Couple* edited by Jon Carlson & Len Sperry, *Adlerian Group Counseling & Therapy: Step by Step* by Manford Sonstegard & James Robert Bitter, and *Adler Speaks: The Lectures of Alfred Adler*, edited by Mark Stone and Karen Drescher.

Earl Heinrich, Bartholow Media Center

Thank you to
Stacie Bigelow,
Dennis Rislove, Paula
Hemming and Earl
Heinrich for their
contributions to this
month's newsletter.

Kate Moore, Editor

Non-Discrimination Policy

The Adler Graduate School is an equal opportunity educational institution and employer which does not discriminate on the basis of race, creed, color, national origin, sex, age, sexual orientation, veteran status or physical ability in the employment of its faculty or staff, the admission or treatment of its students, or in the operation of its educational programs and activities.

The
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