

Adler Graduate School Partners with House of Charity

April 24, 2018

To embrace our mission, vision, values, and deep-rooted beliefs in a call for social interest in action, Adler Graduate School partners with various community organizations in offering [discounted tuition scholarships](#). Our team recently met with each of our community partners to spotlight the social interest they have vested in our communities.

House of Charity began transforming lives in the early 1950s, offering meals, housing, chemical and mental health treatment, and public showers. “One of our primary goals is to help struggling individuals meet their basic human needs of food and housing while reducing barriers to their long-term self-sufficiency.” The supportive housing programs serves over 200 single adults and the Food Centre, at 714 Park Avenue, feeds more than 350 people each day.

House of Charity’s Day by Day Program (chemical and mental health recovery program) serves adults in the Twin Cities struggling with co-occurring disorders. The Day by Day program is a 120-day outpatient program that offers personalized recovery plans, health and wellness programming, psychotherapy, chemical health assessments, and more using an integrated, holistic approach to restore the mind, body, and spirit.

House of Charity offers Licensed Alcohol and Drug Counselor (LADC) internships in their Day by Day program. Interns can practice their skills through hands on group sessions, office work, and learn from the expertise of co-workers in the field. Interns work along side Mental Health Professionals, LADC’s, and Clinical Case Managers to assist clients in completing their goals.

To learn more about House of Charity, contribute to their efforts, or find an internship placement, [click here](#). Adler Graduate School is honored to partner with such charitable organizations that focus on giving back to the diverse communities we serve.

Adler Graduate School Partners with Greater Minnesota Family Services

June 12, 2018

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Greater Minnesota Family Services is a Non-Profit founded 25 years ago with the goal of working harmoniously with family and county agencies, to create effective services for families in rural Minnesota. Family-based counselors and therapists work within nearly 40 rural counties to provide therapy in the homes of individuals, families, and group counseling. They strongly believe that the family is the best place to resolve parent/child crisis. “Often children are placed out of the home, not

because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities. Department of Human Services recently released a statistic that 70% of master level graduates move to metro areas, lessening the resources necessary to help families in need, leaving only 30% of graduates for rural areas.”

Greater Minnesota trains each new staff that joins the agency in a “Reflective Supervision” type of practice. It is a 2-day retreat where staff take time to learn more about themselves at an in-depth level and how that impacts their relationships with each other and the clients they serve. The retreat is an attempt to help counselors be more in touch with themselves (which can be overlooked in their busy/academic world) and find more internal motivation to practice better self-care and wellness.

Greater Minnesota’s services aim to focus on family conflict, health, unity, emotional abuse, neglect, social functioning, school performance, and prevention and reunification of children who are returning from out-of-home placements. They offer school and family mental health programs in 50 school buildings throughout Minnesota that work with youth on a one-to-one counseling basis and other programs that provide group counseling, skills, and therapy like the Challenge Program, Heartland Girls Ranch, and North Crow Group Home. These programs serve as therapeutic services and site-based intensive mental health programs.

Their early childhood services include Head Start programs, daycare, and SEED: Social Emotional Enrichment and Development programs which provide Day Treatment for young ones three hours per day. The SEED program helps children ages 3-5 with relationships, regulation, routines/exploration by focusing on social skills, therapeutic play, team building, family skills, and individualized attention. “Research suggests it [emotional intelligence] is responsible for as much as 80% of the successes in our lives.”

Additionally, the non-profit has a 17-bed Shelter Care in Willmar, Minnesota that provides short term crisis stays for youth and longer term group home placement for youth in need of more prolonged treatment.

Greater Minnesota Family Services’ has a unique G.M. Gives program which provides flexible funding for children and their families receiving services in assisting them to be more self-sufficient and enhance their circumstances. The program helps inspire real and lasting change for children and their families. Past G.M. Gives have gone to helping boys join Cub Scouts and assisting in the finances for therapeutic equine treatment. These funds are generated through donations only by staff and outside donors.

To learn more about Greater Minnesota Family Services, contribute to their efforts, or find an internship placement, [click here](#). Adler Graduate School is honored to partner with such charitable organizations that focus on giving back to the diverse communities we serve.

Adler Graduate School Partners with Wayside Recovery Center

June 15, 2018

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Wayside Recovery Center began in the 1950’s as a traditional shelter and supportive community for homeless women. In the late 1950’s, Wayside shifted focus to meet the needs of the

surrounding communities, providing both substance abuse treatment and shelter for women and families. One of very few truly trauma-informed and gender-responsive treatment organizations for women and families, Wayside serves over 500 women and 300 children per year.

Wayside Recovery Center provides both residential and out-patient programs with a multi-generational focus. Their holistic approach backed by dual licensed staff provides the education and knowledge to help build supportive and long-term recovery plans for patients.

Wayside's unique Family Treatment Program serves women and children by removing the barrier of worry for treatment and allowing the families to remain living together on site. "Our Family Treatment Program allows the children to stay with their mother while she experiences residential

care and support. This allows us to offer wrap around services for the children's needs as well," says Wayside's Vice President of Clinical Programs, Dr. Jessie Everts. The care structure works at strengthening relational skills, breaking the generational cycle of dependency, and working with children to address the trauma of their mother's addiction. Wayside offers one of only six family treatment programs in the state and maintains over an 85% reunification rate of children with their mothers.

Among their other programs, the center offers mental health treatment through counseling, a Women's Treatment Center as a residential substance-use recovery program, and an out-patient treatment in their Wellness Center. Their Supportive Housing program provides safe, affordable, permanent housing for women and their families. The St. Louis Park location supplies 40 beds for single women pursuing recovery and personal growth. Additionally, a peer recovery program that partners past recovery successes with incoming women creates an informal level of care from individuals with personal experiences to form more relationship-based healing.

Wayside believes each woman's recovery journey is unique. They tailor their services to meet these needs and build lasting results. To learn more about Wayside Recovery Center, contribute to their efforts, or find an internship placement, [click here](#). Adler Graduate School is honored to partner with such charitable organizations that focus on giving back to the diverse communities we serve.

Adler Graduate School Partners with East Side Neighborhood Services

June 15, 2018

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East Side Neighborhood Services (ESNS) aims to build pathways toward equity by disrupting social and economic barriers through their 15 strengthening family, metro food shelters, and wide range of educational programs. ESNS opened its doors in 1915, with original settlement

houses in the Twin Cities. Today, they have expanded their services to reach throughout Hennepin County. In 2017, ESNS' Family Healing offered group counseling and crisis-intervention services to 148

clients, [Be@School](#) helped 55 young people attend school regularly, and Creative Arts Therapy program provided over 750 one-on-one counseling sessions to 28 young people.

Various locations for the Out-of-School Time programming, Camp Bovey Summer Camp, Northeast Child Development Center, and more ESNS programs grow academic success, social and emotional skill building, community connectedness, access to childcare, and learning opportunities to children of all ages. ESNS offers two brick and mortar food shelf locations and a mobile unit to bring both

cultural and nutritional foods to seniors and families in the Hennepin County area. Additionally, Family Violence Intervention programs, employment fairs, and trainings have helped adults secure 114 job placements and provided advocacy, counseling, and case management to those in need.

The Friendship Center across from ESNS' main location serves as a day program to help seniors stay independent. The program aims to help socially connect and empower seniors through providing transportation to doctor appointments and activities, informational classes on living with chronic disease, tai chi, and gardening exercises.

ESNS' first female President, Kristine Martin, states, "As a community bedrock of Northeast since 1915, we have provided shelter, stability, and support for our residents. We have routinely responded to the changing nature of our community, and are poised to be a partner of well-being in the Northeast area, and beyond."

To learn more about East Side Neighborhood Services, contribute to their efforts, or find an internship placement, [click here](#). Adler Graduate School is honored to partner with such charitable organizations that focus on giving back to the diverse communities we serve.