



adler | GRADUATE
SCHOOL

JULY
2019



Greetings From Romania!

Craig B. and several AGS students traveled to Sibiu, Romania to attend the International Committee of Adlerian Summer Schools and Institutes (ICASSI). ICASSI is a non-profit program that's been enhancing the spirit of social interest worldwide for over 50 years, and certainly looks like a life-changing experience.



A Message From Dr. Dreikurs

A simple message today could become sentimental tomorrow. Finding a lost letter from a major contributor to Individual Psychology doesn't happen all that often, and the message is still applicable.

Dreikurs had to cancel his presentation at the Guthrie Theatre for health reasons and was writing to us when we were the Minnesota Society of Individual Psychology. The letter was used as scratch paper the following year, archived, and rediscovered 47 years later.

A MESSAGE FROM DR. DREIKURS

- MARCH 26, 1971

Dear Friends:

You don't know how deeply I regret not to be with you. You are meeting at a most crucial time in our society. The structure of our society has greatly changed and not always for the good. We in the western world have been a neurotic society where people were mostly concerned with their superiority, regardless of the means by which they achieved it. When Adler spoke about the neurotic personality, he described modern man in general. Today with a misunderstood democratic freedom, society has become psychotic; like a schizophrenic who disregards and neglects society for his personal pleasure and benefit. Those of us who are anxious to meet social demands need to become a positive force in a decaying community. We need to point the way for a true social belonging in a relationship of full equality. I wish you the best results of your considerations.

Rudolf Dreikurs, M.D.

Student Spotlight: Stacey Tweedt

Clinical Supervisor

Stacey is experienced in addiction services and assessments. She resides in rural Minnesota and joins us remotely as an AGS student.



I was part of the big Argosy debacle back in March and like many others, found myself out in the cold after the school closed. I decided to return to school after several years of field experience as an alcohol and drug counselor and was completing my education as a clinical mental health counselor when it happened.

When this opportunity happened (I say opportunity because I don't do obstacles) I reached out my colleagues, many of whom were Adler grads. They mentioned I reach out to Adler, that their coursework had changed to accommodate fully online students, which is important for me as I live in rural Minnesota, so I reached out. Within 48 hours I had no fear and knew where I was going.

I was absolutely amazed at the level of understanding and support from the faculty and staff. From the coursework to the books, everything felt like home to me (and I don't mean to say that in a cheesy way.) It just immediately clicked. I was like,

“Wow, this is where I was supposed to have been all along.”

Things were much easier here because it felt natural. The courses were like what I was already doing with clients, so it was a much better, more natural fit for me. Christina and the Admissions staff took me under their wing, and it's been an awesome experience ever since.

My clients have even commented that since I've started here, they can see a positive change in the way I approach, treat and talk about things with them. They really appreciate it, and everything just fits together better for me.

Interested in Clinical Mental Health
Counseling? Contact:

Marcie Skoglund | Assistant Director of Admissions
612-767-7097

 marcie.skoglund@alfredadler.edu



This year is a big year for Adler Graduate School (AGS). We are celebrating fifty years since our inception, and in an effort to recognize each of us who have in some way contributed to the continued development as an educational institution and to making mental health treatment accessible in our community, we are continuously trying to find ways of maintaining our connection with each other. Our Adler Graduate School Alumni Association (AGSAA) membership has ebbed and flowed and at one point, lacked a board and leadership. As we look forward to the next fifty years, we want to make this association an important part of your experience as an Adlerian and a professional mental health provider.

Your AGSAA Board and administration have been steadily working to create opportunities for our alumni to continue to contribute to each other's growth and benefit from the wealth of information and resources available at our institution. As a member, (first year membership is free, remember), you may attend one workshop a year, every year that you are a member, for free. AGSAA members who wish to attend more than one a year may do so at a reduced rate. This is made possible through the tireless work of the Adler Institute for Continuing Education (AICE). This is a distinct independent entity with the focus of training new professionals to meet state licensure requirements and national certification standards as well as easing the transition from state to state. AGS has been approved by the National Board for Certified Counselors (NBCC) and many of the workshops qualify for NBCC credit.

To access information about upcoming workshops and events, go to alfredadler.edu/events. There are several exciting workshops scheduled between June and August. Have an idea for a workshop you would like to attend? Let us know!

Next month, I would love to talk to you about how we can find ways to engage each other in an exchange of ideas: provide support, share our experiences, discuss challenges and brainstorm better solutions. Want to mentor a student? Present a workshop? Network with our partners in the community? Heck! You tell me how you would like to stay connected with your fellow Adlerians. Until next time, be encouraged and encouraging. Check us out at <https://alfredadler.edu/community/institute/alumni-association>.

Introduction to Self-Study

Celebrating 50 years



The Higher Learning Commission (HLC) our accreditation body is coming to visit us on November 11 and 12, 2019 for our reaccreditation. A little over a month after our 50th year providing education. Many of our actions for quality education and improvement are on the website under the assessment page, <https://alfredadler.edu/about/quality-assurance-assessment> . The following is the introduction to the Self Study we have submitted as of July 30th, 2019.

The Mission of the Adler Graduate School is to prepare mental health and human service professionals with a strong Adlerian foundation to foster encouragement, collaboration, and a sense of belonging to the individuals, families, and the culturally diverse communities they serve. Our mission, along with a vision to be a leader in empowering and developing mental health and human service professionals to transform society through social interest in action, drives our purpose. Our core values include but are not limited to quality education, Adlerian principles, diversity and institutional sustainability.

We live our mission, vision, and values through our relationships, quality graduate education, organizational and group interactions, community involvement, and continuing professional education. With our values leading what we do, we have created a shared leadership organizational model and an organizational process based on the democratic Adlerian principles amplified by Rudolph Dreikurs. Within this organizational process, a feeling of belonging and purpose are reinforced through roles, responsibility, and respect of people and their contributions to the organization and the greater community. These are the values we teach and model.

As an institution, we have evolved over the years starting with the Minnesota Adlerian Society merging into the Adler Institute, a 501c3, in 1969 providing family education. We were awarded initial degree granting authority for a Master in Adlerian Counseling and Psychotherapy by the Minnesota Office of Higher Education in 1989 and granted initial accreditation by the Higher Learning Commission (HLC) in 1991, with our current comprehensive visit scheduled for November 2019. We currently offer graduate degrees in Counseling with specialties in Clinical Mental Health Counseling, Marriage, Couple, and Family Counseling, and Co-Occurring and Addiction Counseling; Art Therapy; School Counseling; and Applied Adlerian Psychology in Leadership, with complementary Certificates.

In August of 2018 we were granted approval by the HLC to move into a 37,500 square foot building on 4.5 acres at 10025 Yellow Circle Drive, Minnetonka, Minnesota. With the proceeds from the sale of our old building we were able to architecturally design and renovate the building in order to operationalize our Mission and Values. This was a collaborative process bringing together our collegial community to participate in the design process. This sale also allowed us to develop cash reserves strengthening our balance sheet and allowing us to make strategic investments in our operating model and ongoing quality improvement.

The success of the Adler Graduate School can be seen through the success of our graduates and the involvement of our alumni who are coming together to celebrate our 50th Anniversary on September 28, 2019. Another indication of our success is the evolution of our delivery of quality graduate education, through assessment and data driven decision-making, based on Adlerian principles of dignity, respect, purpose, equality, courage, belonging, and a feeling of community driving social interest. We are looking forward to the future.

Accreditation and Assessment Corner

Solange Ribeiro and Nicole Randick

As July comes to an end, we are happy to report that our HLC Assurance Argument – the self-study required as part of the re-accreditation process – is written and submitted (a few minutes ago!) for review. The project started in 2015, when we joined the HLC Assessment Academy, and involved an examination of everything we are and do, starting with a revision of our mission statement and continuing with analyses of all our resources and operations.

As our reason for being is preparing mental health and human service professionals with a strong Adlerian foundation to foster encouragement, collaboration, and a sense of belonging to the individuals, families, and culturally diverse communities they serve, much of the self-study effort focused on the quality of education we provide. This required a broad examination, from determining expected student outcomes, to what we teach in order to achieve those outcomes, how we teach it, how we know whether students learned what we hoped they would learn, what the opportunities for improvement are, and how we use these opportunities to continue to improve everything we do. The process also involved examining all aspects of our operations not directly related to curriculum and instruction, including but not limited to advising and other student success services and operations support.

A project this big cannot be accomplished without participation of all stakeholders: students, staff, faculty, alumni, and Board of Directors. Fortunately, the Adler Graduate School community is Adlerian to the core and everyone did their part, from providing feedback through surveys to participating in the School-wide retreat where data were analyzed and improvement plans were developed. We are excited to report that you will soon be able to find the product of our collective work, the full assurance argument, on the Accreditation page of our website. While you are there, we invite you to also visit the Quality Assurance and Assessment page, where you will find lots of information about our student outcomes and assessment process.

On a separate and equally important note: last month we told you some of the ways in which the Adler Graduate School full-time faculty contributes to our profession and to the community. This month, we want to highlight some of the part-time faculty contributions. Here are some examples of how members of our part-time faculty have been adding to the knowledge base of the mental health field.



Rocky Garrison was really busy at the 2019 NASAP conference, where he presented three content sessions and a poster. His content session presentations focused on Individual Psychology Skills for Enhancing Relationships with Clients, Demonstration of Insomnia Counseling, and Individual Psychology Case Formulation: Contributions from Some Early Adlerians, while his poster was titled The "LET" Process of Assembling an IP Case Conceptualization.



Bill Premo also presented a content session at the 2019 NASAP Conference. His presentation was titled Our Love, Life, and Sex Style, aimed at helping individuals and couples understand and develop healthy love styles.



Jere Truer, concluding work started more than a decade ago, published the book *The Art of Dying*, with the aim of helping individuals navigate the grief process.



We'd like to leave Judy with our best wishes as she parts ways with AGS. Her dedication, work ethic, knowledge, and support as a student advisor, field experience coordinator, and faculty member have been a gift to us all. Thank you!



Jill & Trinidad were spotted supporting women's soccer at the 2019 women's world cup street fair! The event had thousands of attendees from our local community, live music, food, drink, face-painting, and more family friendly activities to enjoy. Kudos for your involvement!



Ruth is giving away Minnesota Twins tickets! Stop by the AGS Writing Center and say hello to get tickets. We'll be doing this all summer to catch the following games: August 4 & 10 | Sept 7, 8, 12, & 19

June 2019 Graduation photos are here, and we wish our graduates the best of luck in their next chapter in life! Tap the link to view and download graduation photos for free: <https://bit.ly/2YUrvyd>

Physical copies are also available for \$1 per print!



9.28.2019

10225 Yellow Circle Drive, Minnetonka, MN,
10:00 AM - 5:00PM

Schedule Of Events

10AM - 12PM
Alumni Class Reunions

12PM - 1PM
Lunch

1PM - 3:30PM
Honoring the Founders and Sustainers of the School

"Yesterday" - Alumni, TBD
"Today" - Students, TBD
"Tomorrow" - President Jeffrey Allen, PhD

3:30PM to 5PM
Social Hour and Campus Tours

1PM-5PM
Alumni Binder Sale



As an Adlerian community our roots run deep, sustained by our relationships, memories, and the years we've shared. Join us for food, drink, and good company as we honor our roots, enjoy the present, and look forward to what tomorrow can bring!

Share Your Story

To honor your experience and contributions to the Adlerian Community, we're gathering entries for our alumni binder. Get in touch with Ev and be a part of AGS history.

[Submit Story](#)

Book Your Spot

Help us make this the best experience possible. By providing us with some early info, we can plan accordingly to accommodate all of our guests!

[RSVP](#)