



Adler Graduate School Newsletter

June 2021

President's Message

Jeffrey Allen, PhD

Adler (1938/2011) stated in the book *Social Interest: A Challenge to Mankind* that “the individual’s proper development can only progress if [they live] and strive as part of the whole” (p. 282).

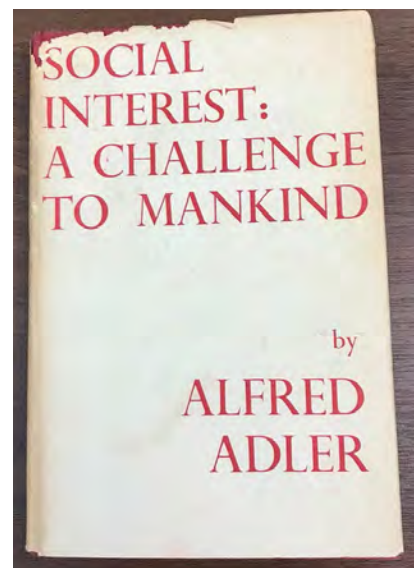
We have seen this time and time again and reinforced during these uncertain times. We all have made sacrifices and supported each other through this pandemic. Now that the data has led the CDC to change its guidelines and to open up outdoor events, we have decided to start exploring a live graduation outside in August for all of the graduates who have graduated over the last year. We are still exploring what is the safest way to hold an outdoor event while respecting the safety of all the participants. We recommend everyone gets vaccinated to protect themselves and others, as a measure of respect for the rest of the community.

We also are excited to begin preparation to be back on campus during the Fall semester. For Adler (1938/2011), virtue is that we all play our part to support cooperation, and lack of cooperation prevents social feeling, or *Gemeinschaftsgefühl*, which then leads to an unhealthy world (p. 283).

With this understanding that the individual is strongest in a diverse, healthy, and cooperative community, we must continue to strive for those factors that encourage cooperation and strength through diversity, respect, and equality. We at Adler Graduate School are proud of our community with its determination to create a better, cooperative world; supporting respect, equality, and belonging in a healthy community.

Jeffrey Allen, PhD

Adler Graduate School President



Accreditation and Assessment

Nicole Randick, EdD and Solange Ribeiro, PhD

Please check out our Quality Assurance and Assessment webpage. This page includes tools, resources, and tutorials.

<https://alfredadler.edu/about/quality-assurance-assessment>

American musician Jimi Hendrix once said: "I've been imitated so well I've heard people copy my mistakes." Although it may seem flattering that one's work is worth copying (mistakes and all!), in the academic environment this is called plagiarism. Plagiarism is defined as the use of another author's ideas or statements without properly acknowledging the source of these ideas or statements. In academic writing, we often breathe new life into someone else's work and ideas. However, when we steal these ideas and pass them off as our own this is considered plagiarism. Students show evidence of their knowledge of a learning competency largely through their writing. An abundance of research done in higher education institutions shows how tempting it is for students to "borrow" the words and ideas of others. Having access to an online environment right at their fingertips makes this easy to do. Plagiarism is a concern at all academic institutions.

What we produce should be unique and give credit to those who helped build the foundation of the very idea we want to learn and write about. To be authentic means to be open and honest about yourself within the learning process, challenge viewpoints in the literature, and invest in the development of your creative "voice." Academic integrity means to be truthful, to uphold your principles, and to avoid being deceitful in writing by giving credit to the work of others through citations and references.

Plagiarism includes, but is not limited to, claiming the following as your own:

- another person's ideas, opinion, or theory;
- any facts, statistics, graphs, drawings – any pieces of information – that you did not generate and are not common knowledge;
- quotations of another person's actual spoken or written words;
- paraphrasing of another person's spoken or written words;
- written papers found on "pay for papers" sites;
- ideas, quotes, or visual information from the World Wide Web.

To avoid plagiarism, students must turn in their own work and give credit to the origin of information within their work.

Turnitin: Academic Plagiarism Software

Adler Graduate School wants to make sure that each student is given the best opportunity to practice academic integrity and authenticity. Coming this Summer you will see a new plagiarism tool in the Moodle platform. Turnitin is a plagiarism software that goes beyond plagiarism detection; it is a useful tool for students who want to improve their writing skills and uphold academic integrity. With features that help with grammar, mechanics, and originality, Turnitin will be a welcomed tool that empowers students to enhance their writing skills and to check for possible improvements before turning in work. Adler Graduate School is committed to helping students be more authentic, uphold their integrity, and find their creative "voice." In the words of the late Jimi Hendrix, "Knowledge speaks, but wisdom listens."

For more information on plagiarism and best practices in writing, please visit:

<https://www.turnitin.com/resources>

Staff Spotlight:

Debbie Velasco, Registrar



What is your position at AGS?

I am the Registrar. The Registrar's Office is responsible for keeping student records secure by complying with FERPA. We also handle course scheduling, registration, academic calendar, grades, transcripts, compliance, reporting and research, degree conferral, and technology.

Tell us a little about your background.

I started in higher ed while a work-study student in college. I realized that I really enjoyed the academic setting and the students, so I made it my life's work of 32 years and counting. Most of those years were spent in a financial aid office, until having to do so much with so little just became too hard. When I started at Adler, I was a project manager working 25 hours per week. It was during my second year at Adler when I became the Registrar.

Thus far, what do you like best about AGS culture?

This is my 11th year at Adler, but so far, the thing I like best is the students. This past year of Covid-19 has made me realize just how much I miss the student interactions, and when the day comes and we can finally welcome them back to campus, that will be a great day.

What is one fun or unique fact about you?

I am a lover of all things Frida Kahlo and Mexican folk art. Before I leave this planet, I will go to Mexico City to visit Frida's blue house.



Frida Kahlo folk art from Debbie Velasco's AGS office collection.



Weaving by artist Alonzo Pantoja from Debbie Velasco's AGS office collection.

A Classic

Rocky Garrison, PhD, CBSM



Reference: Dreikurs, R. (1965). The holistic approach: Two points of a line. In Proceedings of the Conference of Individual Psychology Association of Chicago, St. Joseph's Hospital, November 13, 1965, pp. 19-24.

Author Information: Rudolf Dreikurs (1897 – 1972) worked in the Individual Psychology Child Guidance Clinics in Vienna in the 1920s. He moved to Chicago in 1937 and in 1952 founded the Institute of Adlerian Psychology, which has evolved into Adler University.

This is a transcript of a talk given by Rudolf Dreikurs. It discusses a practical strategy for applying the Individual Psychology (IP) core construct of holism and integrating seemingly disparate facets of a client into an IP case formulation. He challenges the clinician to consider these facets as a line of movement, a pattern, two stones in a mosaic, to ask ourselves, "... what is the possible pattern of thought and beliefs that would conceivably connect these two divergent facts?" (p. 22). This focus on patterns or on movement contrasts with a focus on the accumulation and reporting of facts in a case formulation.

Initial tentative directions or patterns are confirmed or modified based on the client's response and additional data as it becomes available. Dreikurs recalls how Alfred Adler encouraged his students to "guess in the right direction" (p. 21), and when a hypothesis is disconfirmed, the clinician seeks a new pattern that incorporates this new data with all the other facts that have been collected. Dreikurs illustrates this process with two cases integrating two pieces of family constellation data in one case and current situation information with family constellation in the other.

You can receive 0.4 hours of continuing education credit from NASAP by going to <https://nasapce.didacte.com> and finding the course titled "Dreikurs, 1965."



Books in the Dr. Harold H. Mosak Collection, Adler Research Center.

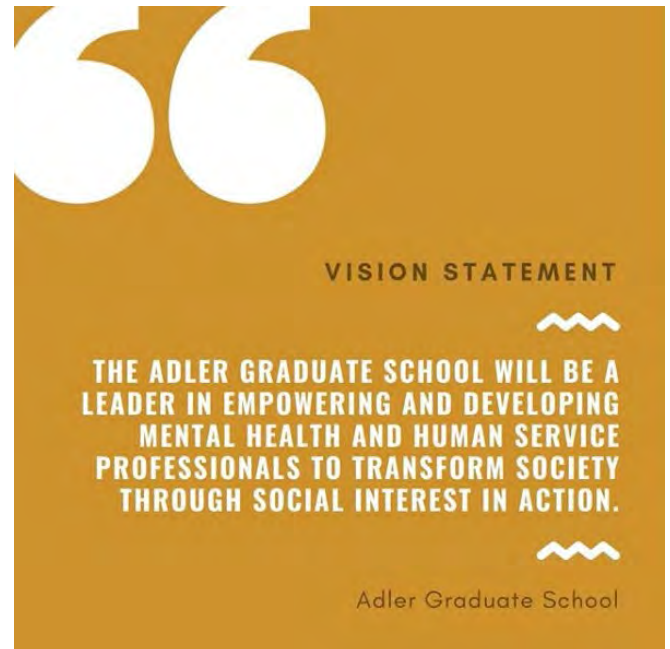
Thank You to Our Donors!

We would like to recognize the following individuals, who donated to the Adler Graduate School in 2020-2021. Their generous donations assist us in fulfilling our mission of preparing mental health and human service professionals with a strong Adlerian foundation to foster encouragement, collaboration, and a sense of belonging to the individuals, families, and culturally diverse communities they serve.

Please contribute to your community and be an Adler Graduate School donor:

<https://alfredadler.edu/donate>

- ❖ Carol Allen (SPS Commerce Match)
- ❖ Jeffrey Allen
- ❖ John Bartholow (In Memory of Robie Wayne)
- ❖ Joan Bullemer
- ❖ Fayemarie Carter
- ❖ Arthur Clark
- ❖ Chris Garwick-Foley
- ❖ Ev Haas
- ❖ Alex and Kristen Hawkins (Art Therapy)
- ❖ Christina Hilpipre-Frischman
- ❖ Suzanne Kramer
- ❖ Leslie Laub
- ❖ Priscilla MacDougall
- ❖ Sam Major
- ❖ Eric Mansager
- ❖ Rich Martino
- ❖ John Newbauer
- ❖ Leftheris Papageorgiou
- ❖ John and Sydney Rosenberg
- ❖ Berta Shapiro
- ❖ John Sweeney
- ❖ Kristie and Robie Wayne
- ❖ Tamara Whear
- ❖ Susan and Steven Zimmerman



*Your
Donations
Make a
Difference!*

Please consider contributing to the Adler Graduate School, and contact us if you would like to become more involved with AGS.

If you would like to make a financial contribution, checks can be written to the Adler Graduate School and sent to: Adler Graduate School Business Office, 10225 Yellow Circle Drive, Minnetonka, MN, 55343.

You may also visit our website and select "donate" at: <https://alfredadler.edu/donate> to donate online or to look at other options to contribute.

Finally, we encourage you to consider a legacy gift, estate planning, or endowment with Adler Graduate School in mind. Feel free to contact Dr. Jeff Allen to discuss this option.

The Adler Graduate School is a 501(c)(3) organization, and your donation is tax deductible to the fullest extent allowed by law.

SUPPORT FOR AGS STUDENTS AND COMMUNITY!

The AGS Student Development Hub (The Hub) is committed to providing resources and developmental support through meaningful connections within our global Adlerian community. Available services and activities include: AGS Community in Action, Career Services, Holistic Wellness, Learning Accommodations (ADA), Library and Research Support, Social Interest in Action, Technology, and Writing Support.



Support. Community. Resources.

In support of your holistic development, we're sponsoring 30-Day wellness challenges! Watch for registration information as well as drawings for prizes! The contact person for wellness challenges is Dr. Bre Hiivala Cahoy: breanne.cahoy@alfredadler.edu.

Challenges:

Sleep Habits (March)

Earth Month (April)

Positive Pandemic Experiences (May)

We had 14 total participants for the March Wellness challenge.

The winners of the March Wellness Challenge are Taylor Bird (Marriage, Couple, and Family Counseling student) and Emily Walter (Marriage, Couple, and Family Counseling student). Each winner received a copy of *Why We Sleep*.

Congratulations, Taylor and Emily!

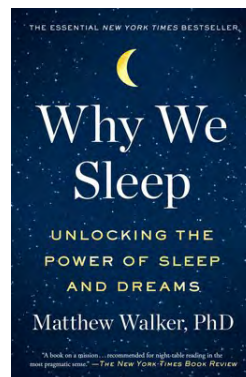
We had 10 entries for the Earth Month challenge.

Leslie Boyle-Milroy (Marriage, Couple, and Family Counseling student) was the winner of the April Wellness Challenge. Leslie's prize was a sustainability kit.

Congratulations, Leslie!



Images submitted by participants in the April Earth Month Challenge.



AGS Community Updates

AGS Alumni Association

The AGS Alumni Association published its Spring newsletter in April, and the next anticipated publication date is August 2021.

The alumni association is inviting people to inform them if they are hiring and to provide updates on their post-AGS lives.

The Alumni book club will continue meeting on the third Sunday of each month through the Summer. Meetings commence at 3:00 pm and last approximately 1.5 hours. The book club read and discussed *My Grandmother's Hands* by Resmaa Menakem. Suggestions for books are welcomed, and all are welcome to join the book club!

If you are interested in joining the Alumni Advisory Board, please contact Ev at ev@alfredadler.edu. We would love input and ideas from recent graduates!

adler

Congratulations to Letitia Browne-James, PhD, LMHC-S, NCC on her Leadership Award from the Southern Region of the American Counseling Association.



In Memoriam: Richard Martino

It is with great sadness that I write of the passing of Richard "Rich" Martino on May 9, 2021. We remember Rich as a husband, father, grandfather, Chair of Adler Graduate School's Board of Directors, and a good human being. We offer our sincere condolences to his family and friends.

Richard will be greatly remembered for his passion for the mission of Adler Graduate School. He is an AGS Dreikurs Award recipient and embodied the spirit of social interest in action. His tie to AGS was originally through his wife Nancy, who is an Adler Graduate School graduate. He often spoke of the impact that many of the Adlerian readings had on his personal and professional life.

We remember Rich and all the good he has done.

"May his memory only be for a blessing."

Jeffrey Allen, AGS President



Richard Martino Obituary

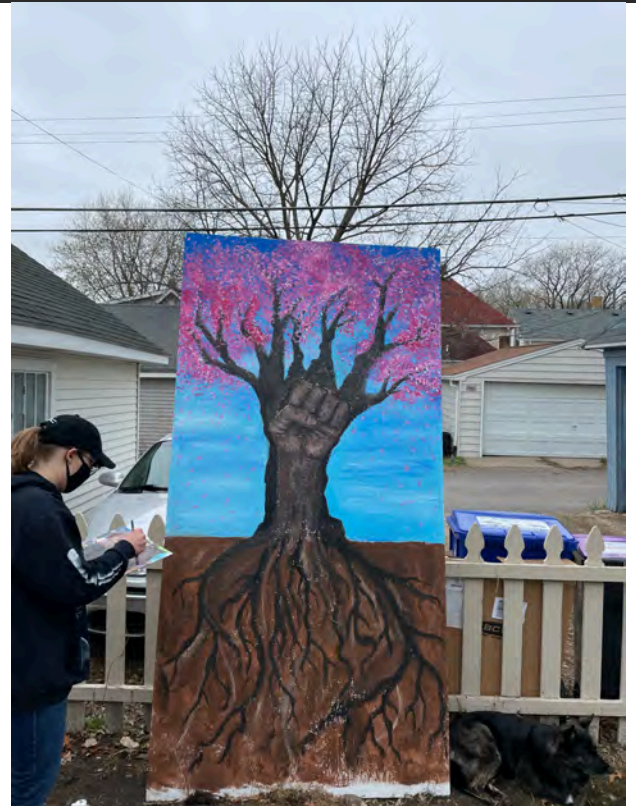
Art Therapy Program: Community Service

Adler Graduate School Art Therapy students and alumna partnered with the AAPI collective Kokoro Project to support a solidarity rally with Black leaders in George Floyd Square. Kokoro means “heart” in Japanese.

Caila Kritzeck (alumna), Kim Grantier, Victoria Larson, Anna Sowieja, and Keagan Van-Eperen Sattler (students) created a mural for the event in support of social justice.

We received a heartfelt thank you for our collaboration from the Kokoro Project leaders for the contribution in support of the cause.

AGS Art Therapy student Anna Sowieja works on the mural.



Adler students and staff:

From all of us at the Kokoro Project, I am reaching out to extend a heartfelt THANK YOU for supporting and contributing to the Black and Asian Solidarity rally on April 18th, 2021, at George Floyd Square. The mural that you all created to honor the connectivity and solidarity between our communities was an important and impactful contribution to the event.

We really appreciate your time, effort, talents, and contributions to this event. It is so important for our communities to come together in solidarity and to support one another, so thank you for helping to make that happen.

Sincerely,
The Kokoro Project Team

Image: *Racial Trauma Runs Deep But Together We Rise.*

Image taken by AGS Art Therapy students at George Floyd Square, April 2021.

