Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN		
Course 500 - Principles of Resear Required Books	ch and Program Evaluation Counseling and Educational Research: Evaluation and Application	Houser	2019	4th edition 978-1544305066		
	The Heart and Soul of Change: What Works in Therapy	Duncan, Miller, Wampold, & Hubble	2010	2nd edition 978-1433807091		
Course 503 - Introduction to the	Counseling Profession					
Required Books	Orientation to Professional Counseling: Past, Present, and Future Trends	Nassar & Niles	2018	978-1556203664		
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition 978-1138478954		
Course 504 - Abnormal Psycholog	gy & DSM-5					
Required Books	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763		
	Diagnosing and Treating Children and Adolescents: A Guide for Mental Health Professionals	Flamez & Sheperis	2015	978-1118917923		
	Psychopathology & Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Duba Sauerheber, & Sperry	2015	3rd edition 978-0-415-83873-3		
Course 505 - Developmental Psy	chology					
Required Books	The Life Span: Human Development for Helping Professionals	Broderick & Blewitt	2020	5th edition 978-0135227763		
	Nurturing Resilience: Helping Clients Move Forward from Developmental Trauma	Kain	2019	978-1623172039		
Course 509 - Comparative Theorie	es Through an Adlerian Lens					
Required Books	Counseling and Psychotherapy Theories: In Context and Practice	Sommers-Flanagan & Sommers- Flanagan	2018	978-1119473312		
	Primer of Adlerian Psychology: The Analytic Behavioral Cognitive Psychology of Alfred Adler	Mosak & Maniacci	1999	978-1583910030		
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition 978-1138478954		
Course 512 - Introduction to Professional Writing and the Portfolio						
Required Books	Publication Manual of the American Psychological Association	American Psychological Association	2019	7th edition 978-1433832161		
	Rules for Writers	Hacker & Sommers	2019	9th edition 978-1319367817		
Course 516 - Introduction to Addictions and Co-Occurring Disorders						
Course 516 - Introduction to Add Required Books	Foundations of Addictions Counseling	Capuzzi & Stauffer	2019	4th edition 978-0135166932		

Course 517 - Ethics and Professional Identity in Counseling

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN		
Required Books	Ethical Decision-Making for the 21st Century Counselor	Sheperis, Henning, & Kocet	2015	1st edition 978-1452235493		
Optional Book	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2016	5th edition 978-0134061641		
Course 519 - Trauma and Crisis I	ntervention					
Required Books	Introduction to Crisis and Trauma Counseling	Duffey & Haberstroh	2020	1st edition 978-1556203770		
Optional Book	Trauma Stewardship	Van Dernoot Lipsky	2009	978-1576759448		
Course 521.5 - Values , Ethics, &	Legalities in Art Therapy					
Required Books	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2020	6th edition 978-0135183816		
	Ethical Issues in Art Therapy	Moon	2015	3rd edition 978-0398090692		
Optional Book	Art Therapy for Social Justice: Radical Intersections	Talwar	2018	1st edition 978-1138909069		
Course 523 - Multi-Cultural Cour	nseling					
Required Books	Counseling the Culturally Diverse: Theory and Practice	Sue, Sue, Neville, & Smith	2022	9th edition 978-1119861904		
	Cultural Humility: Engaging Diverse Identities in Therapy	Hooks, Davies, Owen, & DeBlaere	2017	1st edition 978-1433827778		
Course 525 - Essential Interview	ing Skills					
Required Books	Essentials of Intentional Interviewing: Counseling in a Multicultural World	lvey, lvey, & Zalaquett	2015	3rd edition 978-1305087330		
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition 978-0918287182		
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition 978-1138478954		
Optional Book	See syllabus for list of recommended reading.					
Course 527.8 - Poetry and Writir	ng in Expressive Arts Therapy					
Required Books	Nine Gates: Entering the Mind of Poetry	Hirschfield	1998	978-0060929480		
	The Art of Dying	Truer	2018	978-1641822497		
	The Soul is Here for Its Own Joy: Sacred Poems from Many Cultures	Bly	1999	978-0880014755		
Course 527.13 Trauma-Informed	Expressive Arts					
Required Materials	Trauma and Expressive Arts Therapy: Brain, Body, and Imagination in the Healing Process	Malchiodi	2020	978-1462543113		
	Trauma Is Really Strange	Haines	2015	978-1848192935		
	Polyvagal Card Deck: 58 Practices for Calm and Change	Dana	2022	978-1324019763		
Course 532 - Group Psychotherapy & Counseling						
Required Books	The Theory and Practice of Group Counseling Adlerian Group Counseling and Therapy: Step-by-Step	Corey Sonstegard, Bitter, & Pelonis	2015 2015	9th edition 978-1305088016 1st edition 978-1138871588		
	150 More Group Therapy Activities and Tips	Belmont	2016	978-1683730156		

Course 533 - Clinical Assessment

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN			
Required Books	Assessment in Counseling: Procedures and Practices	Hays	2017	6th edition 978-1556203688			
Course 534 - Behavioral Neuroso	ience						
Required Books	Handbook of Clinical Psychopharmacology for Therapists	Preston, O'Neal, & Talaga	2021	9th edition 978-1684035151			
	Behavioral Neuroscience for the Human Services: Foundations in Emotion, Mental Health, Addiction, and Alternative Therapies	Johnson	2014	978-0199794157			
	Trauma-Informed Care: How Neuroscience Influences Practice	Evans & Coccoma	2014	978-1138637160			
Optional Books	The Neuroscience of Psychotherapy: Healing the Social Brain	Cozolino	2017	3rd edition 978-0393712650			
	The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation	Dana	2018	978-0393712384			
Course 536 - Clinical Treatment I Required Books	Planning in Counseling & Psychotherapy Treating Those with Mental Disorders: A Comprehensive	Kress & Paylo	2018	2nd edition 978-0134814568			
Required books	Approach to Case Conceptualization	NIESS & Faylo	2018	210 201001 376-0134614306			
Course 537 - Advanced Approaches to Counseling & Psychotherapy Skills							
Required Books	Individual Counseling and Therapy: Skills and Techniques	Chen & Giblin	2017	3rd edition 978-0415417334			
	45 Techniques Every Counselor Should Know	Erford	2019	3rd edition 978-0134694894			
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition 978-1138478954			
Recommended Books	Learning and Practicing Adlerian Therapy	Sperry & Binensztok	2019	978-1516536948			
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition 978-0918287182			
	The Individual Psychology Client Workbook	Powers & Griffith	2012	3rd edition 978-0918287205			
Course 539 - Consultation and A	dvocacy in the Mental Health Profession						
Required Books	Counselor as Consultant	Scott, Royal, & Kissinger	2015	978-1452242187			
	ACA Advocacy Competencies: A Social Justice Framework	Ratts, Toporek, & Lewis	2010	978-1556202933			
Course 541 - Theories of Family Therapy							
Required Books	Family Therapy: Concepts and Methods	Nichols & Davis	2021	12th edition Check Pearson (publisher)			
	Systems of Family Therapy: An Adlerian Integration	Sherman & Dinkmeyer	2015	978-1138869042			
Course 542 - Couples Counseling							
Required Books	Clinical Handbook of Couple Therapy	Gurman, Lebow, & Snyder	2015	5th edition 978-1462513925			
	Case Studies in Couples Therapy	Carson	2011	1st edition 978-0415879439			

Course 543 - Family Therapy

Updated March 2023	Title	Author(s)	Publication	Edition ISBN		
Required Books	The Expanding Family Life Cycle: Individual, Family, and Social Perspectives	McGoldrick, Garcia- Preto, & Carter	Year 2015	5th edition 978-0205968060		
	Theory-Based Treatment Planning for Marriage and Family Therapists	Gehart & Tuttle	2002	1st edition 978-0534536169		
	Adlerian Family Counseling	Christensen	2004	3rd edition 978-1930572324		
Optional Book	Children: The Challenge	Dreikurs	1991	978-0801590108		
Course 544 - Counseling Children	& Adolescents					
Required Books	Counseling Children and Adolescents: Connecting Theory,	Smith-Adcock &	2016	1st edition 978-1483347745		
	Development, and Diversity	Tucker				
	Children: The Challenge	Dreikurs & Stoltz	1991	978-0801590108		
	Reclaiming Youth at Risk: Our Hope for the Future	Bendtro, Brokenleg, & Von Brockern	2019	3rd edition 978-1949539158		
Optional Books	See syllabus for complete list of optional materials.					
Course 551 - Foundations of Art	Therapy					
Required Books	The Modern History of Art Therapy in the United States	Borowsky Junge	2010	978-0398079413		
	Cows Can Be Purple: My Life and Art Therapy	Dreikurs	1986	978-0918560322		
	The Wiley Handbook of Art Therapy	Gussak & Rosal	2016	978-1118306598		
	The Art Therapy Sourcebook	Malchiodi	2006	2nd edition 978-0071468275		
	Little Windows into Art Therapy: Small Openings for	Schroder	2005	978-1843107781		
	Beginning Therapists					
Course 552 - Art Therapy for Chil	dren & Adolescents					
Required Books	Child Art Therapy	Rubin	2005	978-0471679912		
	Contemporary Art Therapy with Adolescents	Riley	1999	978-1853026379		
Course 553 - Group Art Therapy						
Required Books	Art-Based Group Therapy: Theory and Practice	Moon	2016	2nd edition 978-0398091156		
-	Group Art Therapy	Robb	2022	978-0367527778		
Optional Books	Art Therapy for Groups: A Handbook of Themes, Games, and Exercises	Liebmann	2004	978-1138127555		
	The Theory and Practice of Group Psychotherapy	Yalom	2005	5th edition 978-0465092840		
Course 555 - Art Therapy Assess	ments					
Required Books	Tools of the Trade: A Therapist Guide to Art Therapy	Brooke	2004	2nd edition 978-0398075224		
	The Diagnostic Drawing Series Handbook	Cohen	1985, 1994	Access at diagnosticdrawingseries.com		
	Understanding Children's Drawings	Malchiodi	1998	978-1572303720		
Optional Book	Actions, Styles, and Symbols in Kinetic Family Drawings	Burns & Kaufman	1972	978-0876300541		
Course 556 - Art Therapy Studio: Media and Materials Exploration						
Required Books	Studio Art Therapy: Cultivating the Artist Identity in the Art Therapist	Moon	2002	1st edition 978-1853028144		
	Expressive Therapies Continuum: A Framework for Using Art in Therapy	Hinz	2019	2nd edition 978-0367280420		

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN	
Optional Book	Art Therapy, Trauma, and Neuroscience: Theoretical and Practical Perspectives	King	2016	978-1138839380	
Course 557.1 Art Therapy in the	Treatment of Eating Disorders				
Required Books	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763	
	Drawing from Within: Using Art to Treat Eating Disorders	Hinz	2006	978-1843108221	
	The Wiley Handbook of Art Therapy	Gussak & Rosal	2016	1st edition 978-1118306598	
Course 557.4 - Art Therapy and S	pirituality				
Required Book	Spirituality and Art Therapy	Farrelly-Hansen	2001	978-1853029523	
Optional Book	Art Is a Spiritual Path	Allen	2005	3rd edition 978-1590302101	
Course 557.9 - Art Therapy with	Grief and Loss Issues				
Required Books	Grief and Loss Across the Lifespan: A Biopsychosocial Perspective	Walter & McCoyd	2016	2nd edition 978-0826120281	
Optional Book	The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief	Weller	2015	978-1583949764	
Course 557.10 - Art Therapy with	Veterans and Military Families				
Required Books	Art Therapy with Military Veterans: Trauma and the Image	Lobban	2017	1st edition 978-1138654556	
Optional Books	Review course syllabus for bibliography of suggested materials.				
Course 557. 11 - Art Therapy for	Addictions				
Required Books	Diagnostic and Statistical Manual of Mental Disorders	APA	2013	5th edition 978-0890425558	
	Expressive Therapies Continuum: A Framework for Using Art in Therapy	Hinz	2019	2nd edition 978-0367280420	
	Art Therapy, Trauma, and Neuroscience: Theoretical and Practical Perspectives	King	2016	978-1318839380	
	Art Therapy and Substance Abuse: Enabling Recovery from Alcohol and Other Drug Addiction	Schmanke	2017	978-1849057349	
Course 558 - Multicultural Art Th	erany				
Required Books	Counseling for Multiculturalism and Social Justice: Integration, Theory, and Application	Ratts & Pedersen	2014	4th edition	
Optional Books	Tapestry of Cultural Issues in Art Therapy Art Therapy, Race, and Culture	Hiscox & Calisch Campbell, Liebmann, Brooks, Jones, & Ward	2004 1999	1st edition 978-1853025761 1st edition 978-1853025785	
	Gender Issues in Art Therapy	Hogan	2002	1st edition 978-1853027987	
Course 559 - Integrative Approaches to Family Art Therapy					
Required Books	Family Art Therapy: Foundations of Theory and Practice	Kerr & Hoshino	2008	978-0415954648	
Optional Books	Integrative Approaches to Family Art Therapy	Malchiodi	2004	2nd edition 978-1890374037	

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN
	Genograms in Family Assessment	McGoldrick & Gerson	2008	3rd edition 978-0393705096
Course 562 - Foundations of Care	eer Development			
Required Books	Career Development and Counseling: Theory and Practice in a Multicultural World	Tang	2018	1st edition 978-1452230863
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition 978-1138478954
Course 566 - Integrative Approa	ches Art Therapy and Neuroscience in the Treatment of Trau	ma		
Required Books	The Neuroscience of Psychotherapy: Healing the Social Brain	Cozolino	2017	3rd edition 978-0393712650
	The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation	Dana	2018	978-0393712384
	Art Therapy, Trauma, and Neuroscience: Theoretical and Practical Perspectives	King	2016	978-1317558149
	My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies	Menakem	2017	978-1942094470
	Mindsight: The New Science of Personal Transformation	Siegel	2010	978-0553907100
	The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma	Van der Kolk	2014	978-0143127741
Optional Books	In An Unspoken Voice: How the Body Releases Trauma and Restores Goodness	Levine	2010	978-1583946527
	Neurobiologically Informed Trauma Therapy with Children and Adolescents: Understanding the Mechanisms of Change	Chapman	2014	978-0393707885
Course 572 - Counseling Exception	onal Children			
Required Books	What School Counselors Need to Know About Special Educations and Students with Disabilities	Baditoi & Brott	2015	Revised 978-0865865013 edition
Optional Books	Exceptional Children: An Introduction to Special Education	Heward, Alber- Morga, & Konrad	2018	11th edition 978-0135160428
	The School Counseling and School Social Worker Treatment Planner with DSM-5 Updates	•	2014	978-1119063094
Course 573 - Advanced School Co	ounseling			
Required Books	Students: Verify required editions with the instructor.			
Required Books	Consultation: Creating School-Based Interventions	Dinkmeyer & Carlson	2015	4th edition 978-1138910256
	For White Folks Who Teach in the Hood	Emdin	2017	978-0807028025
	Teach Like a Champion 2.0: 49 Techniques that Put Students on the Path to College	Lemov	2016	2nd edition 978-1119254140
	Positive Discipline in the Classroom	Nelson	2013	978-0770436575
	Shaping School Culture Fieldbook	Peterson & Deal	2009	2nd edition 978-0787996802
	Strengths-Based Leadership	Rath & Conchie	2008	1st edition 978-1595620255
Course 574 - Career Developmer	nt in Schools			
Required Books	Career Counseling and Development in a Global Economy	Andersen & Vandehey	2012	2nd edition 978-0840034595

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN				
	College Counseling for School Counselors: Delivering Quality, Personalized College Advice to Every Student on Your (Sometimes Huge) Caseload	O'Conner	2015	978-1432778088				
Course 575 - Clinical Issues in Sch	nool Counseling							
Required Books	Evidence-Based Practice in School Mental Health: Addressing DSM-5 Disorders in Schools	Raines	2019	2nd edition 978-0190886578				
	The School Counseling and School Social Worker Treatment Planner with DSM-5 Updates	Knapp & Jongsma	2015	2nd edition 978-1119063094				
	An Educator's Guide to Children's Mental Health DSM-5 Overview (Quick Study Academic)	MACHM Lyngzeidetson	2015 2014	Booklet 978-0982048221 978-1423222682				
Course 583 - Case Management	for Co-Occurring Disorders							
Required Books	Case Conceptualization and Treatment Planning: Integrating Theory with Clinical Practice	Berman	2018	4th edition 978-1506331386				
	Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders	Aitkins	2014	1st edition 978-1936128549				
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763				
-	Course 585 - Integrative Seminar in CODAC							
Required Books	None. See syllabus for required reading.							
Course 604 - Professional Portfol	•							
Required Books	Publication Manual of the American Psychological Association	American Psychological Association	2019	7th edition 978-1433832161				
Course 620 - Advanced Seminar	in Counseling: Human Sexuality							
Required Books	What Every Mental Health Professional Needs to Know About Sex	Buehler	2021	3rd edition 978-0826135889				
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763				
Optional Books	The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators	Rademacher & Hoskins	2017	978-1138884823				
Course 680 - Foundations of Exp	ressive Arts Therapy							
Required Books	Big Magic: Creative Living Beyond Fear	Gilbert	2016	Audiobook recommended				
	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st edition 978-1462550524				
Course 681 - Multimodal Application of Expressive Arts Therapy								
Required Books	The Creative Arts in Counseling Handbook of Expressive Arts Therapy	Gladding Malchiodi	2020 2022	6th edition 978-1556204067 1st edition 978-1462550524				
Course 930 - Introduction to Fiel	d Experience							
Required Books	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015	978-1483344539				
Optional Books	On Being a Therapist	Kottler	2017	5th edition 978-0190641542				

Updated March 2023	Title	Author(s)	Publication Year	Edition ISBN
Course 931 - Practicum (COD, MI	IC, MCFC)			
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 938 - Internship in Menta	I Health Counseling			
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 947 - Practicum in MCFC Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 948 - Internship in MCFC Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763