

Updated December 2023	Title	Author(s)	Publication Year	Edition	ISBN
Course 500 - Principles of Research and Program Evaluation					
Required Books	Counseling and Educational Research: Evaluation and Application	Houser	2019	4th edition	978-1544305066
	The Heart and Soul of Change: What Works in Therapy	Duncan, Miller, Wampold, & Hubble	2010	2nd edition	978-1433807091
Course 503 - Introduction to the Counseling Profession					
Required Books	Orientation to Professional Counseling: Past, Present, and Future Trends	Nassar & Niles	2018		978-1556203664
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
Course 504 - Abnormal Psychology & DSM-5					
Required Books	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
	Diagnosing and Treating Children and Adolescents: A Guide for Mental Health Professionals	Flamez & Sheperis	2015		978-1118917923
	Psychopathology & Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Carlson, Duba Sauerheber, & Sperry	2015	3rd edition	978-0415838733
Course 505 - Developmental Psychology					
Required Books	The Life Span: Human Development for Helping Professionals	Broderick & Blewitt	2020	5th edition	978-0135227763
	Nurturing Resilience: Helping Clients Move Forward from Developmental Trauma	Kain	2019		978-1623172039
Course 509 - Comparative Theories Through an Adlerian Lens					
Required Books	Counseling and Psychotherapy Theories: In Context and Practice	Sommers-Flanagan & Sommers-Flanagan	2018		978-1119473312
	Primer of Adlerian Psychology: The Analytic Behavioral Cognitive Psychology of Alfred Adler	Mosak & Maniaci	1999		978-1583910030
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
Course 516 - Introduction to Addictions and Co-Occurring Disorders					
Required Books	Foundations of Addictions Counseling	Capuzzi & Stauffer	2019	4th edition	978-0135166932
Course 517 - Ethics and Professional Identity in Counseling					
Required Books	Ethical Decision-Making for the 21st Century Counselor	Sheperis, Henning, & Kocet	2015	1st edition	978-1452235493
Recommended Book	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2016	5th edition	978-0134061641
Course 519 - Trauma and Crisis Intervention					
Required Books	Introduction to Crisis and Trauma Counseling	Duffey & Haberstroh	2020	1st edition	978-1556203770
Recommended Book	Trauma Stewardship	Van Derroot Lipsky	2009		978-1576759448

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Course 523 - Multicultural Counseling					
Required Book	Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy	Summers & Nelson	2023	1st edition	978-0826139528
Recommended Book	Cultural Humility: Engaging Diverse Identities in Therapy	Hooks, Davies, Owen, & DeBlaere	2017	1st edition	978-1433827778
Course 525 - Essential Interviewing Skills					
Required Books	Essentials of Intentional Interviewing: Counseling in a Multicultural World	Ivey, Ivey, & Zalaquett	2015	3rd edition	978-1305087330
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition	978-0918287182
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
Recommended Book	See syllabus for list of recommended reading.				
Course 527.2 - Exploring the Expressive Arts Through Play Therapy					
Required Books	Doing Play Therapy: From Building the Relationships to Facilitating Change	Kottman & Meany-Walen	2018		978-1462536054
	Handbook of Expressive Arts Therapy	Malchiodi	2022		978-1462550524
Course 527.4 - Expressive Arts: Group Applications					
Required Book	Art-Based Group Therapy: Theory and Practice	Moon	2016	2nd edition	978-0398091156
Recommended Book	Creative Activities for Group Therapy	Brown	2023		978-1032171470
527.12 - Music and Sound in Therapy					
Required Materials	Music Un-Therapy Handbook	Silvey	2023		978-1961115002
	Sound Healing for Beginners: Sonic Medicine for the Body, Chakra Rituals and What They Didn't Tell You About		2021		978-1953543943
	Vibrational Energy				
	Tibetan Singing Bowl				
Course 527.13 Trauma-Informed Expressive Arts					
Required Materials	Trauma and Expressive Arts Therapy: Brain, Body, and Imagination in the Healing Process	Malchiodi	2020		978-1462543113
	Trauma Is Really Strange	Haines	2015		978-1848192935
	Polyvagal Card Deck: 58 Practices for Calm and Change	Dana	2022		978-1324019763
Course 532 - Group Psychotherapy & Counseling					
Required Books	The Theory and Practice of Group Counseling	Corey	2022	10th edition	978-0357622957
	Adlerian Group Counseling and Therapy: Step-by-Step	Sonstegard, Bitter, & Pelonis	2015	1st edition	978-1138871588
	The Interpersonal Neurobiology of Group Psychotherapy and Group Process	Gantt & Badenoch	2013	1st edition	978-1780491776
Recommended Book	150 More Group Therapy Activities and Tips	Belmont	2016		978-1683730156
Course 533 - Clinical Assessment					
Required Books	Assessment in Counseling: Procedures and Practices	Hays	2023	7th edition	978-1556204159
Course 534 - Behavioral Neuroscience					

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Required Books	Handbook of Clinical Psychopharmacology for Therapists	Preston, O'Neal, & Talaga	2021	9th edition	978-1684035151
	Behavioral Neuroscience for the Human Services: Foundations in Emotion, Mental Health, Addiction, and Alternative Therapies	Johnson	2014		978-0199794157
	Trauma-Informed Care: How Neuroscience Influences Practice	Evans & Coccoma	2014		978-1138637160
Recommended Books	The Neuroscience of Psychotherapy: Healing the Social Brain	Cozolino	2017	3rd edition	978-0393712650
	The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation	Dana	2018		978-0393712384
Course 536 - Clinical Treatment Planning in Counseling & Psychotherapy					
Required Books	Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization	Kress & Paylo	2018	2nd edition	978-0134814568
Course 537 - Advanced Approaches to Counseling & Psychotherapy Skills					
Required Books	Individual Counseling and Therapy: Skills and Techniques	Chen & Gibling	2017	3rd edition	978-0415417334
	45 Techniques Every Counselor Should Know	Erford	2019	3rd edition	978-0134694894
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
Recommended Books	Learning and Practicing Adlerian Therapy	Sperry & Binensztok	2019		978-1516536948
	The Key to Psychotherapy: Understanding the Self-Created Individual	Powers & Griffith	2012	2nd edition	978-0918287182
	The Individual Psychology Client Workbook	Powers & Griffith	2012	3rd edition	978-0918287205
Course 539 - Consultation and Advocacy in the Mental Health Profession					
Required Books	Counselor as Consultant	Scott, Royal, & Kissinger	2014		978-1452242187
	ACA Advocacy Competencies: A Social Justice Framework	Ratts, Toporek, & Lewis	2010		978-1556202933
Course 541 - Theories of Family Therapy					
Required Books	Family Therapy: Concepts and Methods	Nichols & Davis	2021	12th edition	Check Pearson (publisher)
	Systems of Family Therapy: An Adlerian Integration	Sherman & Dinkmeyer	2015		978-1138869042
Course 542 - Couples Counseling					
Required Books	Clinical Handbook of Couple Therapy	Gurman, Lebow, & Snyder	2022	6th edition	978-1462550128
	Case Studies in Couples Therapy	Carson & Casado-Kehoe (eds.)	2011	1st edition	978-0415879439
Course 543 - Family Therapy					
Required Books	The Expanding Family Life Cycle: Individual, Family, and Social Perspectives	McGoldrick, Garcia-Preto, & Carter	2015	5th edition	Check Pearson (publisher)
	Theory-Based Treatment Planning for Marriage and Family Therapists	Gehart & Tuttle	2002	1st edition	978-0534536169

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	Adlerian Family Counseling	Christensen	2004	3rd edition	978-1930572324
Recommended Book	Children: The Challenge	Dreikurs	1991		978-0801590108
Course 551 - Foundations of Art Therapy					
Required Books	The Modern History of Art Therapy in the United States	Borowsky Junge	2010		978-0398079413
	Little Windows into Art Therapy: Small Openings for Beginning Therapists	Schroder	2005		978-1843107781
	Insight into Adlerian Art Therapy: Through the Lens of Individual Psychology	Sutherland	2016		978-0692805169
Course 552 - Art Therapy for Children & Adolescents					
Required Books	Art Therapy Practices for Resilient Youth: A Strengths-Based Approach to Art Therapy	Berberian & Davis	2019		978-1138293519
	The Practitioner's Guide to Child Art Therapy: Fostering Creativity and Relational Growth	Shore	2013		978-0415829038
Course 555 - Art Therapy Assessments					
Required Books	Assessment in Art Therapy	Gilroy, Tipple, & Brown	2012		978-0415567961
	Formal Elements Art Therapy Scale: The Rating Manual	Gantt & Tabone	1998		https://www.itrtraining.com/offers/aLNDpiEV/checkout?coupon_code=AATA
Course 556 - Art Therapy Studio: Media Exploration					
Required Books	Clay Work and Body Image in Art Therapy: Using Metaphor and Symbolism to Heal	Crocker & Carr	2021		978-0367564650
	Expressive Therapies Continuum: A Framework for Using Art in Therapy	Hinz	2019	2nd edition	978-0367280420
	A Guide to Art Therapy Materials, Methods, and Applications	Horovitz	2017		978-1138209428
Course 557.15 - Dreams, Myths, & Metaphors					
Required Books	A Geography of Dream Work and Art Therapy	Carpendale	2021		978-1698706719
	The Story Within: Myth and Fairytale in Therapy	Silverman	2020		978-1785925092
Course 562 - Foundations of Career Development					
Required Books	Career Development and Counseling: Theory and Practice in a Multicultural World	Tang	2018	1st edition	978-1452230863
	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition	978-1138478954
Course 620 - Advanced Seminar in Counseling: Human Sexuality					
Required Books	What Every Mental Health Professional Needs to Know About Sex	Buehler	2021	3rd edition	978-0826135889
	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition	978-0890425763
Recommended Books	The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators	Rademacher & Hoskins	2017		978-1138884823
Course 680 - Foundations of Expressive Arts Therapy					
Required Books	Big Magic: Creative Living Beyond Fear	Gilbert	2016		Audiobook recommended

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	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st edition 978-1462550524
Course 681 - Multimodal Application of Expressive Arts Therapy				
Required Books	The Creative Arts in Counseling	Gladding	2020	6th edition 978-1556204067
	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st edition 978-1462550524
Course 930 - Introduction to Field Experience				
Required Books	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015	978-1483344539
Recommended Book	On Being a Therapist	Kottler	2017	5th edition 978-0190641542
Course 931 - Practicum (COD, MHC, MCFC)				
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 938 - Internship in Mental Health Counseling				
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 947 - Practicum in MCFC				
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 948 - Internship in MCFC				
Required Book	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th edition 978-0890425763
Course 956 - Introduction to Field Experience in Art Therapy				
Required Books	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2021	978-1138212152
Course 958 - Internship in Art Therapy				
Required Books	Introduction to Countertransference in Therapeutic Practice: A Myriad of Mirrors	Valerio	2017	978-1138690110