

| Spring 2024 updated March 19, 2024 | Title | Author(s) | Publication Year | Edition | ISBN |
|--|---|--|---------------------|-------------|----------------|
| Course 500 - Principles of Research and Program Evaluation | | | | | |
| Required Books | Counseling and Educational Research: Evaluation and Application | Houser | 2019 | 4th edition | 978-1544305066 |
| | The Heart and Soul of Change: What Works in Therapy | Duncan, Miller, Wampold, & Hubble | 2010 | 2nd edition | 978-1433807091 |
| Course 503 - Introduction to the Counseling Profession | | | | | |
| Required Books | Orientation to Professional Counseling: Past, Present, and Future Trends | Nassar & Niles | 2018 | | 978-1556203664 |
| | Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach | Sweeney | 2019 | 6th edition | 978-1138478954 |
| Course 504 - Abnormal Psychology & DSM-5 | | | | | |
| Required Books | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |
| | Diagnosing and Treating Children and Adolescents: A Guide for Mental Health Professionals | Flamez & Sheperis | 2015 | | 978-1118917923 |
| | Psychopathology & Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment | Sperry, Carlson, Duba Sauerheber, & Sperry | 2015 | 3rd edition | 978-0415838733 |
| Course 505 - Developmental Psychology | | | | | |
| Required Books | The Life Span: Human Development for Helping Professionals | Broderick & Blewitt | 2020 | 5th edition | 978-0135227763 |
| | Nurturing Resilience: Helping Clients Move Forward from Developmental Trauma | Kain | 2019 | | 978-1623172039 |
| Course 509 - Comparative Theories Through an Adlerian Lens | | | | | |
| Required Books | Counseling and Psychotherapy Theories: In Context and Practice | Sommers-Flanagan & Sommers-Flanagan | 2018 | | 978-1119473312 |
| | Primer of Adlerian Psychology: The Analytic Behavioral Cognitive Psychology of Alfred Adler | Mosak & Maniacci | 1999 | | 978-1583910030 |
| | Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach | Sweeney | 2019 | 6th edition | 978-1138478954 |
| Course 516 - Introduction to Addictions and Co-Occurring Disorders | | | | | |
| Required Books | Foundations of Addictions Counseling | Capuzzi & Stauffer | 2019 | 4th edition | 978-0135166932 |
| Course 517 - Ethics and Professional Identity in Counseling | | | | | |
| Required Books | Ethical Decision-Making for the 21st Century Counselor | Sheperis, Henning, & Kocet | 2015 | 1st edition | 978-1452235493 |
| Recommended Book | Ethical, Legal, and Professional Issues in Counseling | Remley & Herlihy | 2016 | 5th edition | 978-0134061641 |
| Course 519 - Trauma and Crisis Intervention | | | | | |
| Required Books | Introduction to Crisis and Trauma Counseling | Duffey & Haberstroh | 2020 | 1st edition | 978-1556203770 |
| Recommended Book | Trauma Stewardship | Van Dernoot Lipsky | 2009 | | 978-1576759448 |

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| Course 521.5 Values, Ethics, and Legalities in Art Therapy | | | | | | |
| Required Books | | See syllabus for required books. | | | | |
| Course 523 - Multicultural Counseling | | | | | | |
| Required Book | | Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy | Summers & Nelson | 2023 | 1st edition | 978-0826139528 |
| Recommended Book | | Cultural Humility: Engaging Diverse Identities in Therapy | Hooks, Davies, Owen, & DeBlaere | 2017 | 1st edition | 978-1433827778 |
| Course 525 - Essential Interviewing Skills | | | | | | |
| Required Books | | Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society | Ivey, Ivey, & Zalaquett | 2022 | 10th edition | 978-0357622797 |
| | | The Key to Psychotherapy: Understanding the Self-Created Individual | Powers & Griffith | 2012 | 2nd edition | 978-0918287182 |
| | | Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach | Sweeney | 2019 | 6th edition | 978-1138478954 |
| Course 527.3 - Exploring the Expressive Arts Through Play Therapy | | | | | | |
| Required Books | | Doing Play Therapy: From Building the Relationships to Facilitating Change | Kottman & Meany-Walen | 2018 | | 978-1462536054 |
| | | Handbook of Expressive Arts Therapy | Malchiodi | 2023 | | 978-1462550524 |
| Course 527.4 - Expressive Arts: Group Applications | | | | | | |
| Required Book | | Art-Based Group Therapy: Theory and Practice | Moon | 2016 | 2nd edition | 978-0398091156 |
| Recommended Book | | Creative Activities for Group Therapy | Brown | 2023 | | 978-1032171470 |
| Course 527.9 - Dreamwork | | | | | | |
| Required Books | | A Clinician's Guide to Dream Therapy | Ellis | 2020 | | 978-0367029159 |
| | | Let Your Body Interpret Your Dreams | Gendlin | 2004 | | 978-0933029019 |
| Course 527.10 - Movement and the Creative Process | | | | | | |
| Required Books | | Sensing, Feeling, and Action: The Experiential Anatomy of Body-Mind Centering | Cohen | 2012 | | 978-0937645147 |
| | | The Expressive Body in Life, Art and Therapy: Working with Movement, Metaphor and Meaning | Halprin | 2008 | | 978-1843107378 |
| Course 532 - Group Psychotherapy & Counseling | | | | | | |
| Required Books | | The Theory and Practice of Group Counseling | Corey | 2022 | 10th edition | 978-0357622957 |
| | | Adlerian Group Counseling and Therapy: Step-by-Step | Sonstegard, Bitter, & Pelonis | 2015 | 1st edition | 978-1138871588 |
| | | The Interpersonal Neurobiology of Group Psychotherapy and Group Process | Gantt & Badenoch | 2013 | 1st edition | 978-1780491776 |
| Course 533 - Clinical Assessment | | | | | | |
| Required Books | | Assessment in Counseling: Procedures and Practices | Hays | 2023 | 7th edition | 978-1556204159 |
| Course 534 - Behavioral Neuroscience | | | | | | |
| Required Books | | Handbook of Clinical Psychopharmacology for Therapists | Preston, O'Neal, & Talaga | 2021 | 9th edition | 978-1684035151 |

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| | Behavioral Neuroscience for the Human Services: Foundations in Emotion, Mental Health, Addiction, and Alternative Therapies | Johnson | 2014 | | 978-0199794157 |
| | Trauma-Informed Care: How Neuroscience Influences Practice | Evans & Coccoma | 2014 | | 978-1138637160 |
| Recommended Books | The Neuroscience of Psychotherapy: Healing the Social Brain | Cozolino | 2017 | 3rd edition | 978-0393712650 |
| | The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation | Dana | 2018 | | 978-0393712384 |
| Course 536 - Clinical Treatment Planning in Counseling & Psychotherapy | | | | | |
| Required Books | Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization | Kress & Paylo | 2018 | 2nd edition | 978-0134814568 |
| Course 537 - Advanced Approaches to Counseling & Psychotherapy Skills | | | | | |
| Required Books | Individual Counseling and Therapy: Skills and Techniques | Chen & Giblin | 2017 | 3rd edition | 978-0415417334 |
| | 45 Techniques Every Counselor Should Know | Erford | 2019 | 3rd edition | 978-0134694894 |
| | Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach | Sweeney | 2019 | 6th edition | 978-1138478954 |
| Recommended Books | Learning and Practicing Adlerian Therapy | Sperry & Binensztok | 2019 | | 978-1516536948 |
| | The Key to Psychotherapy: Understanding the Self-Created Individual | Powers & Griffith | 2012 | 2nd edition | 978-0918287182 |
| | The Individual Psychology Client Workbook | Powers & Griffith | 2012 | 3rd edition | 978-0918287205 |
| Course 539 - Consultation and Advocacy in the Mental Health Profession | | | | | |
| Required Books | Counselor as Consultant | Scott, Royal, & Kissinger | 2015 | | 978-1452242187 |
| | ACA Advocacy Competencies: A Social Justice Framework | Ratts, Toporek, & Lewis | 2010 | | 978-1556202933 |
| Course 541 - Theories of Family Therapy | | | | | |
| Required Books | Family Therapy: Concepts and Methods | Nichols & Davis | 2021 | 12th edition | Check Pearson (publisher) |
| | Systems of Family Therapy: An Adlerian Integration | Sherman & Dinkmeyer | 2015 | | 978-1138869042 |
| Course 542 - Couples Counseling | | | | | |
| Required Books | Clinical Handbook of Couple Therapy | Lebow & Snyder | 2022 | 6th edition | 978-1462550128 |
| | Case Studies in Couples Therapy | Carson & Casado-Kehoe | 2011 | 1st edition | 978-0415879439 |
| Course 544 - Counseling Children & Adolescents | | | | | |
| Required Books | See syllabus for required books. | | | | |
| Course 551 - Foundations of Art Therapy | | | | | |
| Required Books | Wiley Handbook of Art Therapy | Gussak & Rosal | 2024 | | 978-1119155591 |
| | Little Windows into Art Therapy: Small Openings for Beginning Therapists | Schroder | 2005 | | 978-1843107781 |
| | Adlerian Theory: An Introduction | Dreikurs Ferguson | 2009 | | 978-1439259955 |

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| Course 562 - Foundations of Career Development | | | | | |
| Required Books | Career Development and Counseling: Theory and Practice in a Multicultural World | Tang | 2018 | 1st edition | 978-1452230863 |
| | Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach | Sweeney | 2019 | 6th edition | 978-1138478954 |
| Course 620 - Advanced Seminar in Counseling: Human Sexuality | | | | | |
| Required Books | What Every Mental Health Professional Needs to Know About Sex | Buehler | 2021 | 3rd edition | 978-0826135889 |
| | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |
| Recommended Books | The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators | Rademacher & Hoskins | 2017 | | 978-1138884823 |
| Course 680 - Foundations of Expressive Arts Therapy | | | | | |
| Required Books | Big Magic: Creative Living Beyond Fear | Gilbert | 2016 | | Audiobook recommended |
| | Handbook of Expressive Arts Therapy | Malchiodi | 2022 | 1st edition | 978-1462550524 |
| Course 681 - Multimodal Application of Expressive Arts Therapy | | | | | |
| Required Books | The Creative Arts in Counseling | Gladding | 2020 | 6th edition | 978-1556204067 |
| | Handbook of Expressive Arts Therapy | Malchiodi | 2022 | 1st edition | 978-1462550524 |
| Course 682 - Clinical Practices in Expressive Arts Therapy | | | | | |
| Required Books | Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions | Degges-White & Davis | 2017 | 2nd edition | 978-0826177018 |
| | Using Expressive Arts to Work with Mind, Body, and Emotions: Theory and Practice | Pearson & Wilson | 2009 | | 978-1849050319 |
| Course 930 - Introduction to Field Experience | | | | | |
| Required Books | None | | | | |
| Course 931 - Practicum for COD, MCFC, and CMHC | | | | | |
| Required Books | Field Experience: Transitioning from Student to Professional | Zhang & Parsons | 2015 | | 978-1483344539 |
| | Case Conceptualization: Mastering this Competency with Ease and Confidence | Sperry & Sperry | 2020 | 2nd edition | 978-0367256654 |
| | Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment | Sperry, Carlson, Sauerheber, & Sperry | 2015 | 3rd edition | 978-0415838733 |
| | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |
| Course 938 - Internship in Mental Health Counseling | | | | | |
| Required Books | Field Experience: Transitioning from Student to Professional | Zhang & Parsons | 2015 | | 978-1483344539 |
| | Case Conceptualization: Mastering this Competency with Ease and Confidence | Sperry & Sperry | 2020 | 2nd edition | 978-0367256654 |

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| | Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment | Sperry, Carlson, Sauerheber, & Sperry | 2015 | 3rd edition | 978-0415838733 |
| | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |
| Course 948 - Internship in MCFC | | | | | |
| Required Books | Field Experience: Transitioning from Student to Professional | Zhang & Parsons | 2015 | | 978-1483344539 |
| | Case Conceptualization: Mastering this Competency with Ease and Confidence | Sperry & Sperry | 2020 | 2nd edition | 978-0367256654 |
| | Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment | Sperry, Carlson, Sauerheber, & Sperry | 2015 | 3rd edition | 978-0415838733 |
| | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |
| Course 956 - Introduction to Field Experience in Art Therapy | | | | | |
| Required Books | Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors | Awais & Blausey | 2021 | | 978-1138212152 |
| Course 958 - Internship in Art Therapy | | | | | |
| Required Books | See syllabus for required books. | | | | |
| Course 988 - Internship in Co-Occurring Disorders | | | | | |
| Required Books | Field Experience: Transitioning from Student to Professional | Zhang & Parsons | 2015 | | 978-1483344539 |
| | Case Conceptualization: Mastering this Competency with Ease and Confidence | Sperry & Sperry | 2020 | 2nd edition | 978-0367256654 |
| | Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment | Sperry, Carlson, Sauerheber, & Sperry | 2015 | 3rd edition | 978-0415838733 |
| | Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR) | American Psychiatric Association | 2022 | 5th edition | 978-0890425763 |