



adler | GRADUATE
SCHOOL

Make A Change
Make A Move
Make A Difference

Fuel Your Passion & Unlock Your Potential

Master's and Advanced Certificate Programs in Counseling

Graduate Degrees for the Greater Good

The Adlerian approach to counseling is rooted in social interest above self-interest. We believe cooperation and collaboration lead to impactful contribution, and equality for all leads the way for both individual and societal health.

A Word From Our President



Adler Graduate School is a role model for the counseling profession's tradition of identifying strengths and promoting individual, family, and community growth and wellness. Our entire community—faculty, staff, and fellow students—is committed to maintaining an environment that promotes collaboration and a strong sense of belonging.

Our graduates are positioned to become mental health professionals who lead the effort to transform society by empowering individuals to overcome their challenges and to contribute to the wellness of their communities. AGS-trained professionals are grounded in professional ethics, solid clinical competence, and a commitment to providing services that promote equity, inclusivity, and accessibility.

We would love for you to share your talents and unique perspectives with our community. Join us in transforming the world one individual, family, or community at a time.

A handwritten signature in brown ink that reads "Solange Ribeiro".

Solange Ribeiro, PhD

President, Adler Graduate School

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I expected to simply learn about theories and techniques, but my experience has been so much more than that. Adler Graduate School is rooted in community and driven by social justice, and it has been wonderful making meaningful connections with my professors, advisors, and fellow students—even while being fully remote.”

Leslie Boyle-Milroy, MA, Marriage, Couples, and Family Counseling, '22



4 Areas of Concentration in Counseling
Rooted in Adlerian Psychology



700+ Required Fieldwork Hours
for Licensure-Prep Programs



Multiple Delivery Methods
to Maximize Your Experience



NO GMAT or GRE Scores Required

Master of Arts in Counseling

Experience exponential growth and preparation in our master's and graduate certificate programs.

Our small class sizes, committed faculty, and supportive, close-knit community will empower you to create change and make a difference in the lives of others. Once you've explored our programs, contact our admissions professionals to find the perfect fit for your career goals.



Master of Arts in Counseling

4 AREAS OF CONCENTRATION | LICENSURE PREPARATION | AVAILABLE ON CAMPUS, ONLINE, OR IN A FLEXIBLE HYBRID FORMAT

This CACREP-accredited degree program is designed to prepare mental health professionals to provide ethical and competent counseling for the real-world needs of a diverse global community. You'll learn from experienced and respected counselor educators, many of whom are also engaged in private practice, in a supportive learning environment focused on your personal growth. Impactful and plentiful fieldwork and internships prepare you to hit the ground running with confidence.

Clinical Mental Health Counseling

60-CREDIT MASTER OF ARTS | 21-27-CREDIT POST-MASTER'S CERTIFICATE | 700 HOURS FIELD EXPERIENCE | CACREP-ACCREDITED

Learn prevention and intervention strategies and the clinical skills necessary for ethical and effective clinical counseling practice. Hands-on training and close faculty mentorship prepare graduates to work with culturally diverse clients in a variety of professional settings.

Graduates are prepared to pursue licensure as a Licensed Professional Clinical Counselor in the state of Minnesota. Post-degree supervision toward full licensure will be required.

Marriage, Couples, and Family Counseling

60-CREDIT MASTER OF ARTS | 21-27-CREDIT POST-MASTER'S CERTIFICATE | 700 HOURS FIELD EXPERIENCE | CACREP-ACCREDITED

Gain a holistic, system-based perspective to assist children, adolescents, adults, couples, and families overcome mental health disorders and relational challenges. This program prepares you to become a professional, ethical counselor focused on equity and relational diversity as you learn the skills needed for effective systemic assessment and intervention in the counseling process.

Graduates are prepared to pursue licensure as a Licensed Marriage and Family Therapist in the state of Minnesota. Post-degree supervision toward full licensure will be required.

Expressive Arts Therapy Specialty Program

ONLINE | IN-PERSON RESIDENCY | 12-CREDIT SPECIALTY | 12-18-CREDIT POST-MASTER'S CERTIFICATE

Harness the healing power of creative expression and exploration. Understand and learn to apply expressive modalities that connect the mind, body, and spirit, including visual arts, movement-based creative expression, sound/music, creative writing, and nature-based practices.

Expressive Arts Therapy (EXAT) Specialty and Certificate Program Highlights

- 100% online core and elective courses
- 6-day on-campus residency featuring immersive exploration
- Supervised internship and 200 expressive arts-focused field experience hours
- Creative final capstone project

Licensure Preparation

Our counseling programs prepare you to meet the educational requirements of the LPCC, LADC, and/or LMFT in the state of Minnesota. We will also assist you in understanding licensure requirements in other states.

Co-Occurring Disorders and Addiction Counseling

64-73-CREDIT MASTER OF ARTS | 23-33-CREDIT POST-BACCALAUREATE CERTIFICATE | 880 HOURS FIELD EXPERIENCE | CACREP-ACCREDITED

Discover a progressive approach toward substance use with other mental health disorders through specialized therapeutic training proven to produce positive, holistic outcomes. Our program features a cutting-edge mix of emerging and evidence-based practices and substantial fieldwork in order to prepare you to serve in a wide variety of settings and diverse communities.

Graduates are prepared to pursue state credentialing as a Licensed Alcohol and Drug Counselor, and either as a Licensed Clinical Mental Health Counselor or as a Licensed Marriage and Family Therapist.

Art Therapy

67-70-CREDIT MASTER OF ARTS | 38-CREDIT POST-MASTER'S CERTIFICATE | 700 HOURS FIELD EXPERIENCE | CAAHEP-ACCREDITED

Receive specialized therapeutic training while maintaining artistic integrity through integrative and experiential courses. Two available areas of focus: Clinical Mental Health Counseling and Marriage, Couples, and Family Counseling.

Graduates are prepared to pursue credentialing as a Registered, Board-Certified Art Therapist and either as a licensed Clinical Mental Health Counselor or Licensed Marriage and Family Therapist.

The curriculum emphasizes hands-on learning through experiential coursework that fosters sensory integration, somatic experiences, and independent self-development.

The EXAT online specialty adds 12 credits to the following counseling program concentrations (online or in-person): Clinical Mental Health Counseling; Marriage, Couples, and Family Counseling; and Co-Occurring Disorders and Addiction Counseling.

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Enrolling at Adler Graduate School was one of the easiest decisions of my life. Changing careers can be daunting, but everyone from the admissions office to my advisor has made me feel supported and welcomed. The classes are flexible with my full-time work schedule, and my classmates have become such trusted and great friends.”

Alyssa Huck, MA, Clinical Mental Health Counseling, '23



10% Tuition Reduction

for qualifying students from underrepresented backgrounds and communities, veterans, and active military and their spouses.



85% of Graduates Find a Job in Their Field Within 6 Months

An Individualized Education in a Supportive Environment

Positive change comes from encouragement and a deep sense of personal belonging, both of which are baked into the student experience.



Whether you join us online or on campus, you'll be supported in prioritizing your wellness as a student, future practitioner, and lifelong member of our community through a robust suite of resources, including:

- Dedicated academic advisors
- Student Development Hub
- Adlerian Students in Action
- Writing support and learning accommodations
- Lifelong career development



Accreditation

The Master of Arts in Counseling program, including the Clinical Mental Health Counseling concentration, the Marriage, Couples, and Family Counseling concentration, and the Co-Occurring Disorders and Addiction Counseling concentration, is accredited by the Council for Accreditation of Counseling and Related Education Programs (CACREP).

The Art Therapy program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) upon the recommendation of the Accreditation Council for Art Therapy Education (ACATE).



Perfectly Situated

Our campus in Minnetonka, MN is a short ride from both Minneapolis and St. Paul. A great place to live and work, take advantage of field placement and career-building opportunities in a thriving metro area with 21 *Fortune* 500 companies (more per capita than any other U.S. city).



Affording Adler

Continuing your education is an investment in yourself we believe everyone should be able to make. We do all we can to keep tuition affordable—so much so that OnlineU recognized us for affordability. Many of our students qualify for scholarships and federal or privately funded student loans. We'll work with you to establish a plan for financing your Adler education.

Go to alfredadler.edu/admission-aid/financial-aid/tuition/ to learn more.

Dedicated To Your Success

Our students have access to our Student Development Hub, where they'll receive holistic and comprehensive career advancement help. We'll help you with résumé and cover letter writing specific to your career, job-search strategies, assistance with interview skills, and so much more.

Join Our Community of Thought-Leaders and Action-Takers

Our alumni network is a strong community dedicated to forming meaningful personal and professional relationships.

Begin Your Journey To Empowerment

Admission Requirements: Master's Programs

- Bachelor's degree (BA/BS) from an accredited institution
- Cumulative Grade Point Average of 3.0 or better
- Three credits in psychology or a related field
- Completed application file, including an interview

Additional Art Therapy Requirements

- 18 studio art credits in drawing, painting, and clay work
- Art portfolio featuring 15–20 examples



How To Apply

1. Complete Our Online Application

Our application typically takes less than 15 minutes to complete, and you may resume at any time. Go to apply.alfredadler.edu to begin your application.

2. Submit A Personal Goal Statement

Include a 500-word statement (250 words for certificate admission) outlining the following:

- Your interest in Adler Graduate School
- Your purpose of study
- Past professional and relevant personal experiences
- Areas of growth and strength
- Commitment to serving diverse communities

3. Submit Official Transcripts

Official transcripts from undergraduate and graduate institutions previously attended must be sent directly from the institution.

4. Provide a Letter of Recommendation

A recommendation may be professional (manager or internship supervisors, for example), academic (former professors or mentors), or other influential individuals in your life other than immediate family members.

Get In Touch

Shawn Larson, Assistant Director of Admissions
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